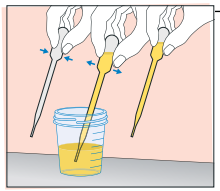
# cobas® PCR sample kits

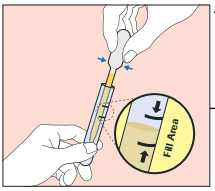
*The first step to an accurate CT/NG result*

***A short guide for collecting & transporting samples for testing***



**1 COLLECT:** Prior to sampling, the patient should not have urinated for at least one hour. Given that collection of larger volumes of urine may reduce test sensitivity, please direct patient to provide first-catch urine (approximately 10 to 50 mL of the initial urine stream) into a urine collection cup (not provided).

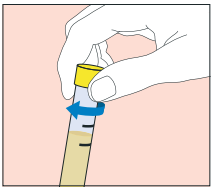
Note: For best results, female patients should not cleanse the labial area prior to collection.



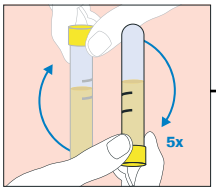

**2 PIPETTE:** Immediately transfer urine into the **cobas**® PCR Media tube using the provided disposable pipette.

**Note:** If the urine specimen cannot be transferred immediately, it can be stored at 2°C to 30°C for up to 24 hours.

**3 TRANSFER:** The correct volume of urine has been added when the fluid level is between the two black lines on the tube label.



**4 CAP:** Tightly re-cap the **cobas**® PCR Media tube.




**5 MIX:** Invert the tube 5 times to mix. The specimen is now ready for transport.

**Handling precautions:**

- Female patients should not cleanse the labial area prior to providing specimens.
- **Do NOT** collect specimen from patients who are menstruating.
- Female and male patients should not have urinated for at least one hour prior to sampling.

  Use care to avoid splashing of contents.

Roche

cobas

*Life needs answers*

# How to self-collect a vaginal swab sample

## **cobas®** *PCR Female Swab Sample Kit*

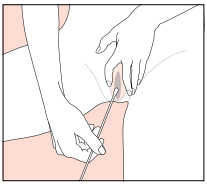
**Read the collection instructions below. Inform your healthcare provider if you are pregnant, had recent pelvic pain, pain during sexual intercourse, or an unusual vaginal discharge or odour. If you have any questions about how to collect the sample, please ask your healthcare provider.**

**Preparing for sample collection:**

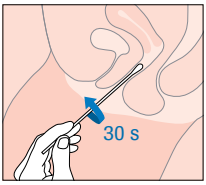
- Wash hands prior to collection.
- Undress to expose the vaginal area.
- Put yourself in a comfortable position.
- Remove the collection tube and one swab from the collection kit.
- Discard the second swab.

**HANDLING PRECAUTIONS:**
**The collection tube media can cause irritation if contacted with skin or other body parts. Handle the collection tube carefully.**
**- Do NOT** pre-wet collection swab with the collection media or any other liquid before obtaining the vaginal sample.
- **Use** care to avoid splashing contents of the tube. If the contents of the tube are spilled on your skin, wash the affected area with soap and water. If the contents of the tube splash into your eyes, flush them with water immediately. Always notify your healthcare provider.
***- NOTE: In case the contents of the tube are accidently spilled, do not attempt to clean up. Immediately notify your healthcare provider for appropriate action.***

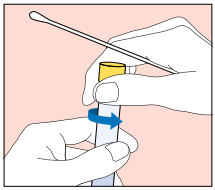
## How to self-collect a vaginal swab sample:



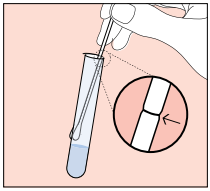
**1. POSITION:** Hold the swab in one hand and with the other hand separate the folds of skin around the vaginal opening (labia). Do not touch the swab tip or lay it down. If you touch the tip or lay the swab down, ask for a new swab



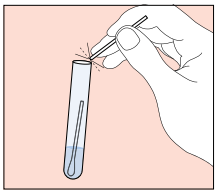

**2. COLLECT:** Insert the swab about 5 cm (2 inches) into the vaginal opening. Gently turn the swab for about 30 seconds while rubbing the swab against the wall of the vagina. Remove the swab carefully. Do not touch the swab to any surface before placing it into the collection tube.



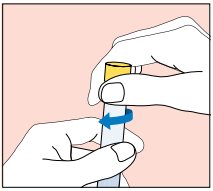
**3. OPEN TUBE:** While holding the swab in the same hand remove the cap from the tube as shown in the diagram.



**4. ALIGN:** Lower the swab into the tube until the visible dark line on the swab shaft is lined up with the tube rim. The tip of the swab should be just above the liquid in the tube.



**5. BREAK:** Carefully lean the swab against the tube rim to break the swab shaft at the dark line; discard the top portion of the swab.



**6. CLOSE:** Tightly close the **cobas®** PCR Media tube. Wash hands after collection. Return the sample to your healthcare provider as instructed.

**DO NOT** take this collection kit or your specimen out of the clinic


Roche Diagnostics Ltd, Charles Avenue, Burgess Hill RH15 9RY http://molecular.roche.com