

Older Adult & Caring

11.4 

Title: **Contented Dementia**

Author(s): **Oliver James**

Publisher: **Vermilion**

Year: **2009** ISBN: **9780091901813**

Date:

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From a personal experience of having a family member with dementia, Oliver James tells of his views on care for people with dementia. He describes a technique called SPECIAL, which involves not asking the dementia sufferer questions and always agreeing with them. Whilst some people may not agree with the techniques used, the book also provides a well written insight into the progression of dementia. 286 pages

The following titles are also available:

Helpful Hints for Carers – practical solutions for carers living with people with dementia

Caring for a parent in later life

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