Eating Disorders and Weight 5.2 💻

Title: Anorexia Nervosa; a Survival Guide for Families, Friends and Sufferers

Author(s): Treasure

Publisher: Psychology Press Year: 1997 ISBN: 0863777600

Written for sufferers of anorexia nervosa, their parents or carers and health professionals, this book provides the reader with a thorough understanding of all aspects of the illness.

Using case examples, it provides a useful step-bystep guide to recovery for those who suffer from anorexia and gives good advice to family members to help make them aware of what to expect.

Informative, but quite a lot of text.

(161 pages)

Readability:



Cover Price: £12.99

Date:

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