


Parenting

13.6 

Date:

Title: **Understanding A.D.H.D –
A Parents guide**

Author(s): **Dr Christopher Green &
Dr Kit Chee**

Publisher: **Vermilion**

Year: **1997** ISBN: **9780091817008**

This book, written by two Australian paediatricians, is geared towards parents, teachers and health professionals. It aims to provide essential facts and up to date research evidence on ADHD. It is written in clear, readable and at times humorous style.

Includes chapters on:

- Identifying Attention Deficit Hyperactivity Disorder in your child
- Practical strategies to help with common problems associated with ADHD
- Medication

271 pages

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