

Borders NHS Board**REHABILITATION NEW MODELS OF CARE - AN UPDATE ON HYDROTHERAPY PROVISION****Aim**

To update Board members on the progress made to date on the implementation of the preferred option for the provision of water based exercise and hydrotherapy as a Rehabilitation treatment modality across the Scottish Borders.

Background

Rehabilitation New Models of Care – Hydrotherapy (Appendix – 2013-52) was presented and discussed at the Borders NHS Board meeting 2nd May 2013. Option 5 - Combine options 3 & 4 (utilise Jedburgh Hydrotherapy pool & improve access to local pools) was unanimously agreed by Board members as the preferred option to develop.

Outpatients Renewal

At present funding is not allocated for Phase 2, but to fully exploit the opportunities for patient care of Outpatients being situated on the ground floor it remains a priority. In the meantime we continue to provide a Hydrotherapy service within Borders General Hospital and work with partners on the future model.

SBC – Wilton School Pool.

SBC have provisionally agreed to programme the required work in FY 2015/16 and we should be able to start migrating suitable patients to the Wilton School Hydrotherapy Pool. We would hope that work is complete before the School Summer holidays.

Jedburgh Leisure Facilities Trust

Jedburgh continue to make progress on their 3 phase approach to achieve the planned training/hydro pool. As yet no guarantee of full funding is available but they are progressing the planning for the project and we have provided comments on a recent architects outline plan for the changing area re-provision.

Joint Working with Borders Sport and Leisure Trust

When engineers were doing site visits in November they discovered issues with the construction of the pools that required strengthening. BSLT have agreed to fund that element of the work and the contractors carried out site inspections on Tuesday 27th January.

Work with Borders Patient Action Group on Use Of Available Pool Session

A small group of NHS staff has been investigating the opportunities for income generation use of the Hydrotherapy Pool with Borders Patient Action Group, following their meeting with the Chair and submission to the Board last year. This has also been seen as useful collaborative model for the eventual move to a community based model of water based therapies once Jedburgh pool is built.

It has become apparent that there are no users who are able to generate any substantial income for NHS Borders. There is in any case only one session available Hydrotherapy Pool per week as we have our own Hydrotherapist and other BGH Physiotherapists providing sessions during the rest of the week. We are now able to report to the Board that 2 potential users who would hire the pool at cost have been identified:

1. An established local charity would be interested in taking one session a fortnight.
2. A local private Physiotherapist would also like to use the pool fortnightly.

Summary

The Hydrotherapy Pool at BGH remains open currently and can do so only until Out Patient Department developments continue. Work to implement the New Models of Care service has been ongoing. Work with Borders Patient Action Group has reached fruition and the free Hydrotherapy Pool session can be used.

Recommendation

The Board is asked to **note** progress as outlined above and **approve** the hire of the pool as described.

Policy/Strategy Implications	This was outlined as part of the original option appraisal. Consistent with 2020 Vision, NHS Borders Corporate Objectives and AHP National Delivery Plan
Consultation	Informing and engaging patients and public was undertaken as part of the process
Consultation with Professional Committees	Not required at this stage
Risk Assessment	Managed by the service
Compliance with Board Policy requirements on Equality and Diversity	This was undertaken as part of the original option appraisal process and commended by the Board. This proposal will provide access to additional members of the public.
Resource/Staffing Implications	Limited in terms of resource more in terms of change in practice and approach. Managed by the service

Approved by

Name	Designation	Name	Designation
Jane Davidson	Chief Executive (Interim)		

Author(s)

Name	Designation	Name	Designation
Warwick Shaw	Head of Delivery, Estates and Facilities		