Borders NHS Board



<u>HEALTHCARE ASSOCIATED INFECTION – PREVENTION AND CONTROL REPORT SEPTEMBER 2015</u>

Aim

The purpose of this paper is to update Board members of the current status of Healthcare Associated Infections (HAI) and infection control measures in NHS Borders.

Background

The NHS Scotland HAI Action Plan 2008 requires an HAI report to be presented to the Board on a two monthly basis.

Summary

This report provides an overview for Borders NHS Board of infection prevention and control with particular reference to the incidence of Healthcare Associated Infections (HAI) against Scottish Government HEAT targets, together with results from cleanliness monitoring and hand hygiene audit results.

Recommendation

The Board is asked to **note** this report

Policy/Strategy Implications	This report is in line with the NHS Scotland HAI Action Plan.
Consultation	There is no requirement to consult as this is a bi-monthly update report as required by SGHD.
Consultation with Professional Committees	This is a regular bi-monthly update as required by SGHD. As with all Board papers, this update will be shared with the Area Clinical Forum for information.
Risk Assessment	This is a bi-monthly update report with all risks highlighted within the paper.
Compliance with Board Policy requirements on Equality and Diversity	This is an update paper so a full impact assessment is not required.
Resource/Staffing Implications	This assessment has not identified any resource/staffing implications

Approved by

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Healthcare Associated Infection Reporting Template (HAIRT) Section 1– Board Wide Issues

This section of the HAIRT covers Board wide infection prevention and control activity and actions. For reports on individual hospitals, please refer to the 'Healthcare Associated Infection Report Cards' in Section 2.

A report card summarising Board wide statistics can be found at the end of section 1

Key Healthcare Associated Infection Headlines for September 2015

- Early indications suggest that NHS Borders is not on target to achieve the Staphylococcus aureus Bacteraemia (SAB) March 2016 HEAT target rate of 24.0 cases or less per 100,000 acute occupied bed days (AOBD). Since April 2015, there have been 12 SAB cases compared to 16 cases in the same period in 2014, representing a 25% reduction.
- Early indications suggest that NHS Borders is on target to achieve the Clostridium difficile infection (CDI) 2016 HEAT target rate of 32.0 cases or less per 100,000 total occupied bed days (TOBD) for patients aged 15 and over.

Staphylococcus aureus (including MRSA)

Staphylococcus aureus is an organism which is responsible for a large number of healthcare associated infections, although it can also cause infections in people who have not had any recent contact with the healthcare system. The most common form of this is Meticillin Sensitive Staphylococcus Aureus (MSSA), but the more well known is MRSA (Meticillin Resistant Staphylococcus Aureus), which is a specific type of the organism which is resistant to certain antibiotics and is therefore more difficult to treat. More information on these organisms can be found at:

Staphylococcus aureus: http://www.nhs24.com/content/default.asp?page=s5_4&articleID=346

MRSA:http://www.nhs24.com/content/default.asp?page=s5_4&articleID=252

NHS Boards carry out surveillance of *Staphylococcus aureus* blood stream infections, known as bacteraemias. These are a serious form of infection and there is a national target to reduce them. The number of patients with MSSA and MRSA bacteraemias for the Board can be found at the end of section 1 and for each hospital in section 2. Information on the national surveillance programme for *Staphylococcus aureus* bacteraemias can be found at:

http://www.hps.scot.nhs.uk/haiic/sshaip/publicationsdetail.aspx?id=30248

Staphylococcus aureus Bacteraemia (SAB)

As Figure 1 shows, since April 2015, there have been 12 SAB cases of which 8 were Healthcare acquired or Healthcare associated and these represent the greatest opportunity for intervention to reduce numbers.

From 1st October 2014, all Scottish Boards started to participate in a national enhanced surveillance programme for *Staphylococcus aureus* Bacteraemia (SAB). The locations identified in Figure 1 reflect the new definitions for categories as determined by the national HPS Enhanced S. aureus Bacteraemia Surveillance Protocol Version 2. For this reason, it is not possible to directly compare this data with historic data.

The new definitions result in a much lower proportion of SABs being attributed to 'Community' with any patient cases who reside in a long term care facility including residential home or nursing home now classified as 'Healthcare Associated'.

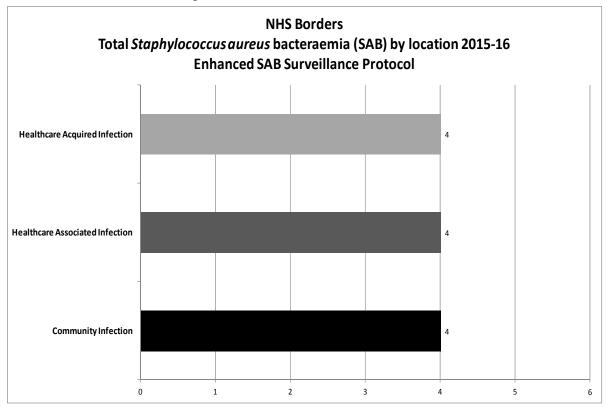


Figure 1: NHS Borders total staphylococcus aureus bacteraemia (SAB) location

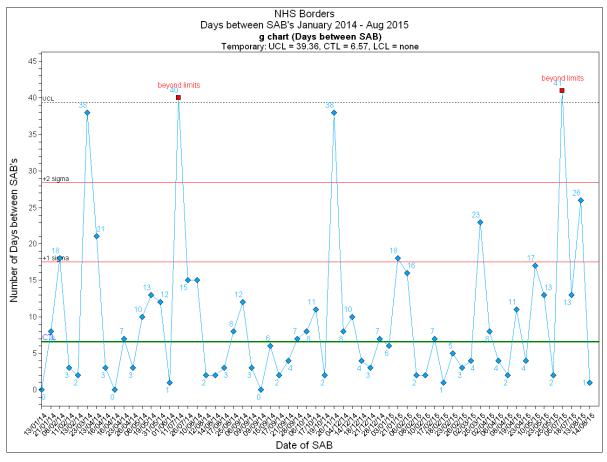


Figure 2: NHS Borders days between SAB cases (statistical process control chart)

Early indications suggest that NHS Borders is not on target to achieve the *Staphylococcus aureus* Bacteraemia (SAB) March 2016 HEAT target rate of 24.0 cases or less per 100,000 acute occupied bed days (AOBD). Since April 2015, there have been 12 SAB cases compared to 16 cases in the same period in 2014, representing a 25% reduction.

Figure 2, shows a Statistical Process Control (SPC) chart showing the number of days between each SAB case. The reason for displaying the data in this type of chart is due to SAB cases being rare events with low numbers each month.

Traditional charts which show the number of cases per month can make it more difficult to spot either improvement or deterioration. These charts highlight any statistically significant events which are not part of the natural variation within our health system. The graph shows a recent statistically significant data point with 41 days between SAB cases. The cause of this is not known.

In interpreting Figure 2, it is important to remember that as this graph shows the number of days between infections, we are trying to achieve performance above the green average line.

Figure 3 shows the split between MRSA and MSSA bacteraemia cases in NHS Borders over the last 5 years with a reduction in the number of MRSA cases since 2010.

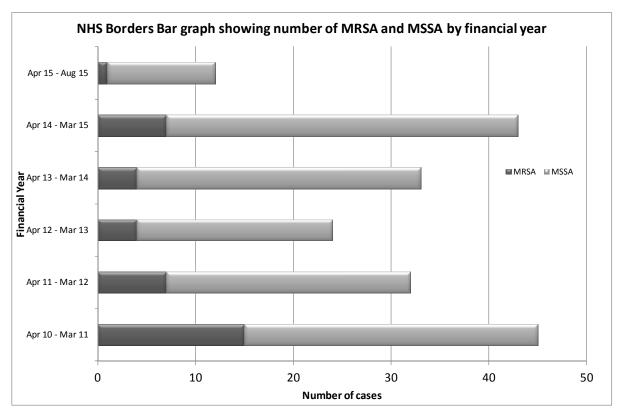


Figure 3: NHS Borders total staphylococcus aureus bacteraemia (SAB) by year and type

Every SAB case and *Clostridium difficile* infection (CDI) case is subject to a rigorous review which includes a feedback process to the clinicians caring for the patient. Any learning is translated into specific actions which are added to the Infection Control Work Plan. Progress is critically reviewed by the Infection Control Committee chaired by the HAI Executive Lead (Director of Nursing & Midwifery/Interim Director of Acute Services). This

group also provides support and guidance to instil a Borders wide collaborative approach to achieve the HEAT targets.

Clostridium difficile infections (CDI)

NHS Borders is currently on target to achieve the *Clostridium difficile* infection (CDI) 2016 HEAT target rate of 32.0 cases or less per 100,000 total occupied bed days.

Figure 4, shows a Statistical Process Control (SPC) chart showing the number of days between each CDI case. As with SAB cases, the reason for displaying the data in this type of chart are due to CDI cases being rare events with low numbers each month.

Clostridium difficile is an organism which is responsible for a large number of healthcare associated infections, although it can also cause infections in people who have not had any recent contact with the healthcare system. More information can be found at:

http://www.nhs.uk/conditions/Clostridium-difficile/Pages/Introduction.aspx

NHS Boards carry out surveillance of *Clostridium difficile* infections (CDI), and there is a national target to reduce these. The number of patients with CDI for the Board can be found at the end of section 1 and for each hospital in section 2. Information on the national surveillance programme for *Clostridium difficile* infections can be found at:

http://www.hps.scot.nhs.uk/haiic/sshaip/ssdetail.aspx?id=277

The graph shows that there have been no statistically significant events since the last Board update.

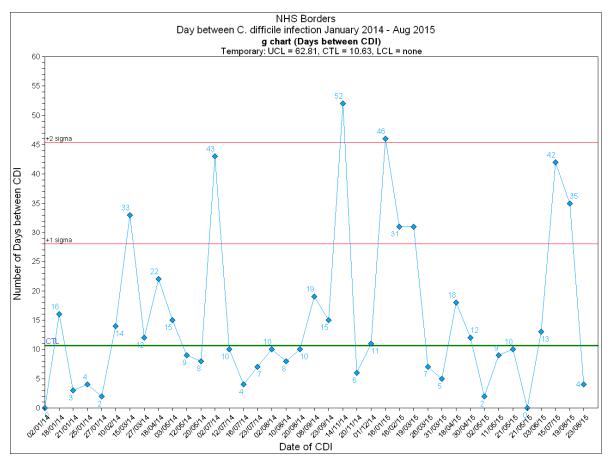


Figure 4: NHS Borders, days between CDI cases against indicative HEAT target

To date, there has been no evidence of cross transmission of *Clostridium difficile* infection (CDI) in NHS Borders.

Hand Hygiene

Good hand hygiene by staff, patients and visitors is a key way to prevent the spread of infections. More information on the importance of good hand hygiene can be found at:

http://www.washyourhandsofthem.com/

NHS Boards monitor hand hygiene and ensure a zero tolerance approach to non compliance. The hand hygiene compliance score for the Board can be found at the end of section 1 and for each hospital in section 2. Information on national hand hygiene monitoring can be found at:

http://www.hps.scot.nhs.uk/haiic/ic/nationalhandhygienecampaign.aspx

The hand hygiene data tables contained within the NHS Borders Report Card (Section 2 p.15) are generated from wards conducting self-audits.

The Infection Prevention and Control Team follow-up with any area which either fail to submit their own audit results or which fall below 90% for two consecutive months. Hand hygiene is also incorporated into the annual infection control audit plan of compliance with the Standard Infection Control Precautions (SICPs) for 2015/16. Following each SICPs audit, the Senior Charge Nurse completes an action plan. A summary of this information is reported in the Infection Control Monthly Report which is distributed to management, Senior Charge Nurses and the Clinical Board Governance Groups.

Cleaning and the Healthcare Environment

Keeping the healthcare environment clean is essential to prevent the spread of infections. NHS Boards monitor the cleanliness of hospitals and there is a national target to maintain compliance with standards above 90%. The cleaning compliance score for the Board can be found at the end of section 1 and for each hospital in section 2. Information on national cleanliness compliance monitoring can be found at:

http://www.hfs.scot.nhs.uk/online-services/publications/hai/

Healthcare environment standards are also independently inspected by the Healthcare Environment Inspectorate. More details can be found at:

http://www.nhshealthquality.org/nhsqis/6710.140.1366.html

NHS Borders cleaning compliance has remained higher than the national average over recent years (Figure 5 below). The data presented within the NHS Borders Report Card (Section 2 p.15) is an average figure across the sites using the national cleaning and estates monitoring tool that was implemented in April 2012.

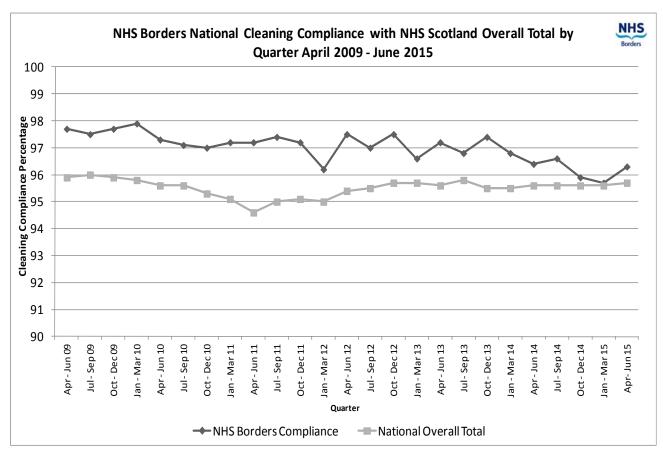


Figure 5: NHS Borders national cleaning compliance versus NHS Scotland's overall performance

The Domestic Services Manager and Infection Control Manager are working together to improve the rigour and consistency in cleanliness monitoring. This work contributed to the apparent reduced compliance during 2014 as shown on Figure 5. However, the most recent data shows an improvement for NHS Borders with cleaning compliance.

Other Healthcare Associated Infections (HAI) Related Activity

NHS Borders Surgical Site Infection (SSI) Surveillance

 NHS Borders participates in a national infection surveillance programme relating to specific surgical procedures. This is coordinated by Health Protection Scotland and uses national definitions and methodology which enable comparison with overall NHS Scotland infection rates.

The Surgical Site Infection (SSI) surveillance is conducted on the following range of procedures:-

- Caesarean section
- Hip Arthroplasty
- Colorectal Surgery

In addition, local infection surveillance is conducted on Knee Arthroplasty procedures.

The HAI Surveillance Co-ordinator and Arthroplasty Practitioner recently presented at the Primary & Community Services District Nurses Peer Group in relation to recognising surgical site infections and the impact infections can have on arthroplasty patients.

An information stand was also available at the Borders TiME Session to promote and distribute NHS Education for Scotland "Recognising Surgical Site Infections (SSIs) Pocket Guide and discuss and highlight prompt reporting of SSIs.

Table 1 (page 10) displays the results of the surgical site infection (SSI) surveillance data for each procedure since surveillance started. Please note that the data from April 2015 onwards is provisional as surveillance is maintained for 30 days post operatively and there is a subsequent data validation process coordinated by Health Protection Scotland.

Table 1: results of the SSI surveillance for each procedure since surveillance started

C-Section	Table 1. results of the 551 surveilla	· · · · · · · · · · · · · · · · · · ·		e Data using H	PS Definitions						
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2013 Jan - Dec 258			1			1.4					
2014 Jan - Dec 255 3			1								
2015 Jan - Aug 202 2 0.99 0.2 to 7.7 1.2 0.9 to 1.5											
Hip Arthroplasty						1.2					
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2014 Jan - Dec 267 5 1.87 1.1 to 13.2 0.8 0.5 to 1.2	2012 Jan-Dec	281	8	2.85	1.4 to 5.5	0.8	0.6 to 0.9				
2015 Jan - July	2013 Jan - Dec	295	5	1.69	0.6 to 7.7	1.0	0.6 to 1.7				
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table opposite and for this reason the data is not comparable to NHS						SSI surveillance which includes hospital readmission data within 30 day					

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2015/16 Infection Control Workplan

As at 1st September 2015, 79% of actions due for completion in the 2015/16 work plan have been completed.

Due to significant progress already made against the outstanding actions, the risk to the organisation of the delay in implementation is low. All other actions have been completed or are on target for completion within the agreed timescale.

Healthcare Environment Inspectorate – Unannounced Theatre Inspection

NHS Borders received an unannounced Theatre Inspection of the Borders General Hospital on 13th and 14th May 2015. The unannounced inspection report and action plan were published on the 6th July 2015 and contained seven requirements and no recommendations. All actions against each of the seven requirements have been completed.

To provide assurance that ongoing practice within theatre is monitored and compliant with the standards required by NHS Scotland and the inspection findings, Theatres have implemented weekly auditing for hand hygiene, PPE, Dress Code and PVC Bundle compliance.

The Infection Prevention & Control Team has developed a revised theatre specific audit tool based on elements of an audit tool from Greater Glasgow and Clyde and the HEI Theatre Aide Memoire.

A baseline audit was completed during August 2015 using this revised tool and achieved a score of 89%. Theatres continue to be subject to spot checks by operational management as well as the Infection Prevention and Control Team to ensure standards are maintained and any identified issues are addressed.

Vale of Leven

In June 2015, the Scottish Government published its' response to the Vale of Leven Hospital Inquiry Report. The response details the progress that has been made across Scotland since the outbreak in 2007. The Scottish Government has established an Implementation Group and a Reference Group with membership of both groups including people affected by the outbreak of *Clostridium difficile* at the Vale of Leven Hospital. These national groups are overseeing the implementation of the recommendations in the inquiry report.

NHS Borders continues to progress an action plan and is on target to achieve full compliance with all the recommendations for health boards by the end of the year.

Norovirus

Since the last Board update, there have been no instances of confirmed outbreaks of norovirus affecting Borders General Hospital or Community Hospitals.

Carbapenemase-producing Enterobacteriaceae (CPE)

A Significant Adverse Event Review (SAER) has been completed in relation to a patient who was not assessed on admission for Carbapenemase-producing Enterobacteriaceae (CPE) risk.

There was a breakdown in the admission process relating to this particular patient. The completed SAER will be considered by the BGH Clinical Governance Committee to ensure that learning from this event is shared and all recommendations are actioned.

Infection Control Audits

Since the last Board update, 6 areas (MKU, Renal Dialysis, Endoscopy, PSAU, Ward 16 and Labour Ward) have been audited for compliance with Standard Infection Control Precautions (SICPs). All areas achieved "Green" status of 92% or above. Table 2 defines the re-audit timescales based on initial audit findings. The action plans were sent to the Senior Charge Nurse with completion required within 28 days of feedback.

All action plans for audits completed in July have been returned.

Colour rating	% compliance	Re-monitoring timescale
RED	0% - 75%	3 months
AMBER	76% - 84%	6 months
GREEN	85% - 100%	12 months

Table 2: Infection Control Re-Audit Schedule

Antimicrobial Stewardship

The Scottish Antimicrobial Prescribing Group (SAPG) and Scottish Government have agreed some antimicrobial prescribing indicators to underpin the CDI HEAT Target. NHS Borders maintains routine monitoring of these indicators which include compliance with antimicrobial prescribing policy in a surgical ward and a medical ward (Figure 6 and Figure 7).

The Antimicrobial Management Team continues to support compliance through established feedback to clinicians, SAB and CDI case reviews, and regular antibiotic ward rounds by the Consultant Microbiologist.

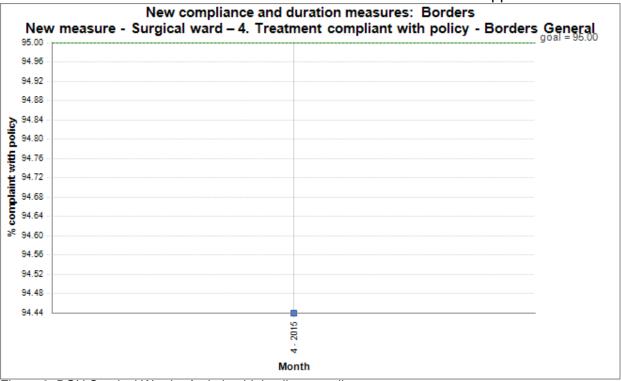


Figure 6: BGH Surgical Ward – Antimicrobial policy compliance

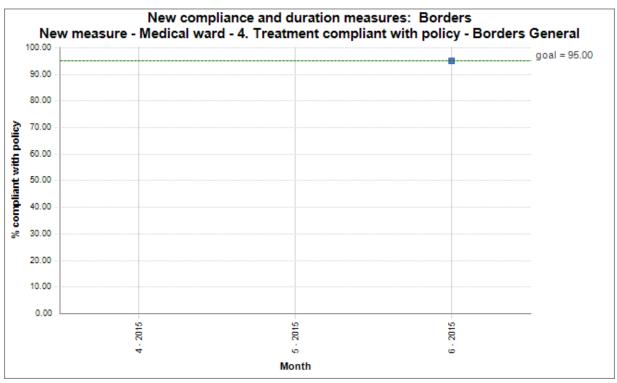


Figure 7: BGH Medical Ward – Antimicrobial policy compliance

Healthcare Associated Infection Reporting Template (HAIRT)

Section 2 – Healthcare Associated Infection Report Cards

The following section is a series of 'Report Cards' that provide information, for each acute hospital and key community hospitals in the Board, on the number of cases of *Staphylococcus aureus* blood stream infections (also broken down into MSSA and MRSA) and *Clostridium difficile* infections, as well as hand hygiene and cleaning compliance. In addition, there is a single report card which covers all community hospitals [which do not have individual cards], and a report which covers infections identified as having been contracted from out with hospital. The information in the report cards is provisional local data, and may differ from the national surveillance reports carried out by Health Protection Scotland and Health Facilities Scotland. The national reports are official statistics which undergo rigorous validation, which means final national figures may differ from those reported here. However, these reports aim to provide more detailed and up to date information on HAI activities at local level than is possible to provide through the national statistics.

Understanding the Report Cards – Infection Case Numbers

Clostridium difficile infections (CDI) and Staphylococcus aureus bacteraemia (SAB) cases are presented for each hospital, broken down by month. Staphylococcus aureus bacteraemia (SAB) cases are further broken down into Meticillin Sensitive Staphylococcus aureus (MSSA) and Meticillin Resistant Staphylococcus aureus (MRSA). More information on these organisms can be found on the NHS24 website:

Clostridium difficile: http://www.nhs24.com/content/default.asp?page=s5_4&articleID=2139§ionID=1

Staphylococcus aureus: http://www.nhs24.com/content/default.asp?page=s5_4&articleID=346

MRSA: http://www.nhs24.com/content/default.asp?page=s5_4&articleID=252§ionID=1

For <u>each hospital</u> the total number of cases for each month are those which have been reported as positive from a laboratory report on samples taken <u>more than</u> 48 hours after admission. For the purposes of these reports, positive samples taken from patients <u>within</u> 48 hours of admission will be considered to be confirmation that the infection was contracted prior to hospital admission and will be shown in the "out of hospital" report card.

Targets

There are national targets associated with reductions in C.diff and SABs. More information on these can be found on the Scotland Performs website:

http://www.scotland.gov.uk/About/Performance/scotPerforms/partnerstories/NHSScotlandperformance

Understanding the Report Cards – Hand Hygiene Compliance

Hospitals carry out regular audits of how well their staff are complying with hand hygiene. Each hospital report card presents the combined percentage of hand hygiene compliance with both opportunity taken and technique used broken down by staff group.

Understanding the Report Cards – Cleaning Compliance

Hospitals strive to keep the care environment as clean as possible. This is monitored through cleaning and estates compliance audits. More information on how hospitals carry out these audits can be found on the Health Facilities Scotland website:

http://www.hfs.scot.nhs.uk/online-services/publications/hai/

Understanding the Report Cards - 'Out of Hospital Infections'

Clostridium difficile infections and Staphylococcus aureus (including MRSA) bacteraemia cases are all associated with being treated in hospitals. However, this is not the only place a patient may contract an infection. This total will also include infection from community sources such as GP surgeries and care homes and. The final Report Card report in this section covers 'Out of Hospital Infections' and reports on SAB and CDI cases reported to a Health Board which are not attributable to a hospital.

NHS BORDERS BOARD REPORT CARD

Staphylococcus aureus bacteraemia monthly case numbers

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
MRSA	1	1	0	1	1	2	0	1	0	0	0	0
MSSA	6	2	1	4	1	5	2	4	3	0	2	2
Total SABS	7	3	1	5	2	7	2	5	3	0	2	2

Clostridium difficile infection monthly case numbers

	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	July	Aug
	2014	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015
Ages 15-64	0	0	1	1	0	0	0	0	1	1	0	0
Ages 65 plus	2	0	1	0	1	1	3	2	3	0	1	2
Ages 15 plus	2	0	2	1	1	1	3	2	4	1	1	2

Hand Hygiene Monitoring Compliance (%)

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
AHP	98.6	100	100	100	100	93	100	91	98	100	100	100
Ancillary	92.9	89.3	88.1	100	97	89	88	94	96	96	97	95
Medical	94.5	94.3	95.5	96.4	96	92	95	93	98	97	96	95
Nurse	97.5	98.6	99.8	99.8	98	99	99	99	99	99	99	99
Board Total	96.7	97.1	98.3	99.3	97.8	96	97	97	99	98	98	98

Cleaning Compliance (%)

	Sep 2014	Oct 2014		Dec 2014			Mar 2015					
Board Total	96.5	98.0	95.8	96.3	94.8	95.8	95.8	93.8	97.4	96.9	97.4	96.2

Estates Monitoring Compliance (%)

	Sep 2014	Oct 2014			Jan 2015				-		_	
Board Total	96.5	98.0	99.4	98.8	97.9	99.1	98.4	98.3	96.2	98.5	97.1	99.7

BORDERS GENERAL HOSPITAL REPORT CARD

Staphylococcus aureus bacteraemia monthly case numbers

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
MRSA	0	1	0	0	0	2	0	0	0	0	0	0
MSSA	1	1	0	1	0	0	0	1	1	0	0	1
Total SABS	1	2	0	1	0	2	0	1	1	0	0	1

Clostridium difficile infection monthly case numbers

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
Ages 15-64	0	0	0	0	0	0	0	0	0	0	0	0
Ages 65 plus	1	0	1	0	0	1	0	1	0	0	1	2
Ages 15 plus	1	0	1	0	0	1	0	1	0	0	1	2

Cleaning Compliance (%)

	Sep 2014	Oct 2014	Nov 2014								_	_
Board Total	96.1	98.3	95.8	95.4	94.9	95.6	94.9	96.3	95.6	96.0	95.9	95.7

Estates Monitoring Compliance (%)

		Sep 2014	Oct 2014	Nov 2014			Feb 2015		•	-		July 2015	_
Ī	Board Total	95.7	98.1	99.4	98.5	98.2	98.4	98.7	98.3	99	99.3	99.4	99.8

NHS COMMUNITY HOSPITALS REPORT CARD

The community hospitals covered in this report card include:

- Haylodge Community Hospital
- Hawick Community Hospital
- Kelso Community Hospital
- Knoll Community Hospital
- Melburn Lodge

Staphylococcus aureus bacteraemia monthly case numbers

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
MRSA	0	0	0	1	0	0	0	0	0	0	0	0
MSSA	0	0	0	0	0	1	0	0	0	0	0	1
Total SABS	0	0	0	1	0	1	0	0	0	0	0	1

Clostridium difficile infection monthly case numbers

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
Ages 15-64	0	0	0	0	0	0	0	0	0	0	0	0
Ages 65 plus	0	0	0	0	0	0	1	0	1	0	0	0
Ages 15 plus	0	0	0	0	0	0	1	0	1	0	0	0

NHS OUT OF HOSPITAL REPORT CARD

Staphylococcus aureus bacteraemia monthly case numbers

	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
MRSA	1	0	0	0	1	0	0	1	0	0	0	0
MSSA	5	1	1	3	1	4	2	3	2	0	2	0
Total SABS	6	1	1	3	2	4	2	4	2	0	2	0

Clostridium difficile infection monthly case numbers

	<i>j</i>											
	Sep 2014	Oct 2014	Nov 2014	Dec 2014	Jan 2015	Feb 2015	Mar 2015	Apr 2015	May 2015	Jun 2015	July 2015	Aug 2015
Ages 15-64	0	0	1	1	0	0	0	0	1	1	0	0
Ages 65 plus	1	0	0	0	1	0	2	1	2	0	0	0
Ages 15 plus	1	0	1	1	1	0	2	1	3	1	0	0