

IEP Pharmacy One to One Naloxone Training Checklist

NEO Identifier:

The person must demonstrate an understanding of the following:

The most common drugs identified in a drug-related death (heroin, methadone, diazepam & alcohol – ‘downer’ drugs) and the physical effects these drugs have (most importantly breathing is reduced and people can struggle to get oxygen into the body. In overdose breathing can stop altogether)	
The main causes of drug overdose (low tolerance, mixing drugs, using too much, using alone, injecting drug use, purity levels)	
High risk times (e.g. release from prison, leaving rehab or hospital, recent detox, recent relapse, poor physical or mental health, recent life events, cash windfall, longer-term user, festive periods, weekends or holidays)	
The signs & symptoms of suspected opiate overdose (pinpoint pupils, breathing problems, bluish skin/lip colour, no response to noise or touch, loss of consciousness)	
Knows when to call 999 (when person won't wake with shout/shake, status of person and location. Stay with the person.)	
Knows about the recovery position (person on side, airway open)	
Knows about rescue breathing and CPR (30 compressions, 2 breaths – one cycle of basic life support BLS)	
Knows when and how to administer naloxone (unconscious but breathing – admin when in recovery position then every 2-3mins, unconscious but NOT breathing – admin after one cycle of BLS then after every three cycles of BLS. Dose – 0.4mls into outer thigh muscle via clothing. Give one dose at a time to reduce likelihood of withdrawal symptoms. Assembly of syringe)	
Knows that naloxone is short acting (only works for about 20mins, does not get rid of opiates from the body, effects will return)	

The above trainee has demonstrated an understanding and awareness of opiate overdose, the use of naloxone, calling 999, the recovery position and basic life support and is eligible to receive a supply of take home naloxone.

Trainer Name

Trainer Signature

Date

Please return with the supply record and claim form on a monthly basis