

What questions will I be asked at my medicine review?

The following questions should be asked:

- How are you getting on with your medicines?
- Are you taking all of your medicines?
- Do you have any concerns about your medicines?
- Do you take any other medicines, such as those bought in the supermarket or pharmacy?

Please bring all your medicines with you to your Medicine Review Appointment.
Thank you



What will happen at your Medicine Review?



Permission has been given by NHS Fife to reproduce this leaflet and use within NHS Borders.

What is a medicine review?

It is an appointment with your doctor, pharmacist or nurse to talk about your medicines.

Why do I need this medicine review?

When you are first prescribed a medicine, a doctor, pharmacist or nurse will check that it is the best medicine for you. A medicine review can help to identify changes such as:

- You might have developed a side effect from your medicine
- Your health might have changed
- You might have started taking other medicines
- A medicine you take may no longer be essential for your health day to day.

The purpose of this review is to talk to you about your medicines and to ensure they remain the best choice for you.

What happens at a medicine review?

The pharmacist will gather information from you and from your medical record. This information will be used to check that you are taking the most appropriate medicines for you.

During your review appointment you will be advised of any recommended changes to the medicines you currently take. Any changes will be discussed with you and your doctor. Before any changes can be made you will be asked for your agreement

What changes to my medicines might be recommended?

The following are some common recommended changes:

- A medicine may be stopped if it is no longer needed.
- A medicine may be started or changed.
- A medicine may be changed to a form that is easier for you to take, for example a liquid instead of a tablet.

