



Scottish Borders
Health and Social Care
PARTNERSHIP

Changing Health & Social Care for You

Working together for the best possible health and wellbeing
in our communities

Plans for 2016 - 2019

Easy Read version



Thank you to members of the Local Citizens Panels for their help and advice in producing this document.

Introduction



Why do we want to integrate (**integrate means working together**) health and social care services in the Scottish Borders? What should we see as a result?



We aim to create services that:

- are more focused on the person
- make everyone feel better and more healthy.



This Plan is based on what we have learned from listening to local people. From April to December 2015 we asked people what they thought about the Plan. Thank you to all who gave us feedback in person or in writing. We have used some of your comments already. We will use other comments later to help us in planning our work.



This Plan is only the beginning of our work. We will keep changing it based on your needs and the feedback from people living in the Borders. It will be updated every 3 years.



Susan Manion

Why we need to change



- there will be more people who need our services
- we will not have more money to help people
- we need to work in a better way.



- we want to make the services better
- we want to make people feel better when they use these services.



- we want better health and wellbeing for everyone.

The aim of working together



Services need to be what the person really needs. We want to make people's health and wellbeing better by:



- making sure their care and treatment go as smoothly as possible



- helping them to stay independent for as long as possible



- helping them to get well after illness
- helping them when things are difficult.

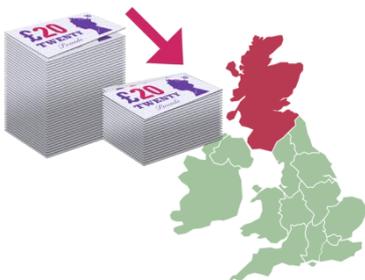


Can we make health and wellbeing better through community-based care? Money and staff can be moved into the community. More care can be given closer to home.

This should mean:



- fewer people need to go into hospital



- where you live will not affect the health care you get
- how much money you have will not affect the health care you get



- more help for carers
- people can live longer at home with or without a little help.

Which health and social care services will be working together?



- all adult Social Care Services
- all Community Health Services
- some health services provided in a hospital.

Our Goals



We came up with 9 goals after talking to local people. If we meet these goals it will mean better health and wellbeing for you.



1 - We will make it easier for you to use our services. We will work with communities.
The Borders has strong communities. Good communities make people more independent and healthy.



2 - We will be better at helping you make sure you don't get ill.

We will have services that help people who are trying to do things on their own.

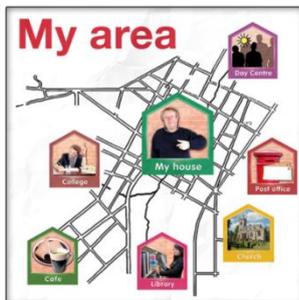


3 - We will help people stay healthy so they do not need to go to hospital.

We will give people:

- the right help in the right place
- the right help at the right time.

We will make sure people are well so they can stay in their own homes.



4 - We will give care close to home

- we will have services which meet the needs of local communities
- we will give help to people near where they live
- we will work better with the health care services.



5 - We will work together to deliver health services

By working together:

- we will give people better services
- we will make the people who work for us happier.



6 - We will help people have more choice and control over the help they get

People will have the right health and social care for them.



7 - We will work to get better at doing our jobs

We will plan and review our services to make sure we are doing it right.



8 - We will try to make sure everyone can get the same services.



9 - We will help Carers:

- stay healthy
- continue in their caring role

If the plan works



Services will work together. Services will run more smoothly.



People will be involved in planning their own care and support.



People will only need to speak to one person to get all their care and support.



New equipment will help people to stay healthier.



People with more than one long-term condition will be supported.



We will do more to stop:

- children and young people from getting ill
- families from getting ill
- carers from getting ill.



Carers will feel better supported. Carers will have better health and well-being.



Our services will treat everyone equally.



Staff will be used in the best way.



Money will be spent on the right things.

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