



## LASS – Supporting your Lifestyle Change Signposting Permission forms for website

Area:-	511	Town:-			
	Eildon		Melrose		
Activity:-		Name of			
	Yoga	activity:-	Yoga		
Venue:-		Day/Time:-	Tuesday		
	The Studio, 4 Market Square, Melrose		6.00 – 7.30 pm		
			7.30 – 9.00 pm		
Contact	Karen@fitborders.co.uk				
information:-	Mobile 07770 560427				
Cost:-	£7.50	Gender:-	Open to all		
Additional Information to be included					



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All information is to be signed as approved before inclusion on the LASS website for						
copyright purposes						
Name of event organiser:-		Signed:-				
Organisation:-		Date:-				
Lifestyle Adviser:-		Date:-				

