

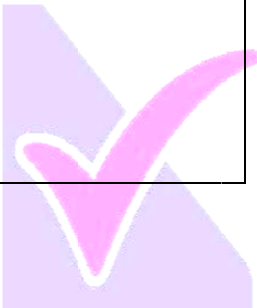
LASS – Supporting your Lifestyle Change
Signposting Permission forms for website

Area:-	Berwickshire	Town:-	Eyemouth
Activity:-	Physical Activity	Name of activity:-	Eyemouth Walking Football
Venue:-	Eyemouth High School	Day/Time:-	Wednesdays 6-7pm
Contact information:-	Juliana Amaral 07917277139		
Cost:-	£2 per player	Gender:-	men

Additional Information to be included

Walking Football for over 50's, weekly between 6pm – 7pm. The session allows the opportunity to improve fitness levels whilst at the same time coming together to play a sport. The game has all of the same rules as normal football apart from the no running rule!! £2 per player. Eyemouth High School, Eyemouth.

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All information is to be signed as approved before inclusion on the LASS website for copyright purposes

Name of event organiser:-		Signed:-	
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Organisation:-		Date:-	
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Lifestyle Adviser:-		Date:-	
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