

LASS – Supporting your Lifestyle Change

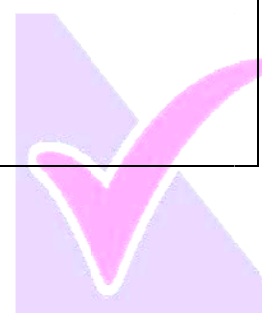
Signposting Permission forms for website

Area:-	Berwickshire	Town:-	Eyemouth
Activity:-	Learning/ Intergenerational	Name of activity:-	Get Connected
Venue:-	TEDDA Hut, Eyemouth, behind the swimming pool	Day/Time:-	Wednesdays 2pm-3.30pm
Contact information:-	Juliana Amaral 07917277139		
Cost:-	£2 per person	Gender:-	Any

Additional Information to be included

This is an intergenerational activity where young people from Eyemouth High School interact with an individual who is interested in making the best of what technology has to offer. An ideal session for those wishing to discover the world of social media, apps, manage photos/videos, download books, talk to distant family and friends via skype or Facetime and much more. Ipads are available to try, or people can bring their own tablet or smartphone. The classes are delivered as part of Co-production initiative between Scottish Borders Council's Community Capacity Building project and Berwickshire Connect Youth group, the aim is to support older people take a more active part in their community. Every Wednesday from 2pm-3.30pm at TEDDA Hut, Eyemouth. £2 per session.

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All information is to be signed as approved before inclusion on the LASS website for copyright purposes			
Name of event organiser:-		Signed:-	
Organisation:-		Date:-	
Lifestyle Adviser:-		Date:-	