

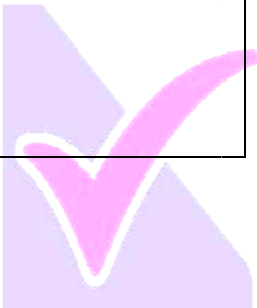
LASS – Supporting your Lifestyle Change
Signposting Permission forms for website

Area:-	Berwickshire	Town:-	Eyemouth
Activity:-	Reminiscence, music and lunch	Name of activity:-	Tea Dance
Venue:-	Eyemouth Community Centre	Day/Time:-	First Tuesday of every month 10.30-12.30
Contact information:-	Juliana Amaral 07917277139		
Cost:-	Donations only	Gender:-	Any

Additional Information to be included

This is a monthly social activity where local senior citizens can come along to enjoy music from the 40s, 50s and 60s while photographs shared by the community are displayed on a big screen so those not so keen to get up and dance can also reminisce about life in the community in the old days. A healthy bowl of soup and sandwiches made on site by a volunteer as well as Tea/ coffee/ and cake are available. The session aims to improve social connectedness and facilitate meaningful friendships. The class takes place in Eyemouth Community Centre, Albert Road, Eyemouth, from 10.30pm – 12.30pm. no charge, donations only. Every first Tuesday of the month. Contact Juliana at juliana.amaral@scotborders.gov.uk

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All information is to be signed as approved before inclusion on the LASS website for copyright purposes

Name of event organiser:-		Signed:-	
Organisation:-		Date:-	
Lifestyle Adviser:-		Date:-	

