

**LASS – Supporting your Lifestyle Change**

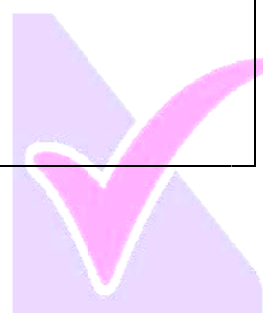
**Signposting Permission forms for website**

Area:-	Berwickshire	Town:-	Coldstream
Activity:-	social	Name of activity:-	Coldstream Soup Club
Venue:-	The Legion, High Street, Coldstream	Day/Time:-	Wednesdays 12noon-2pm
Contact information:-	Juliana Amaral 07917277139		
Cost:-	£2.50 Or free in exchange of an act of kindness in the kitchen	Gender:-	Any

**Additional Information to be included**

**Social lunch club run by community volunteers aimed to tackle social isolation and improve wellbeing. Soup and sandwiches are made using surplus food donated from local gardens, supermarkets and community groups. A chance to meet people have a healthy bite and warm up during the winter months, tea and coffee are also available. People of all ages are welcome. £2.50 per person or free, in exchange of an act of kindness in the kitchen. The Legion, High street, Coldstream.**

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<b>All information is to be signed as approved before inclusion on the LASS website for copyright purposes</b>			
Name of event organiser:-		Signed:-	
Organisation:-		Date:-	
Lifestyle Adviser:-		Date:-	