

Freedom of Information request 135-17

Request

Under the Freedom of Information (Scotland) Act 2002,

1. Since January 2013, how many women within Borders Health Board area have been diagnosed with a perinatal mental health condition?
2. What proportion of these women were diagnosed with a) mild depression b) moderate depression c) severe depression d) postpartum psychosis?
3. What courses of treatment are available within your health board for those who present with a) postpartum psychosis b) mild or moderate depression c) severe depression?
4. Since January 2013, broken down by year, what has the average waiting time been from initial assessment to treatment for pregnant women and women in the postnatal period who need psychological treatment?
5. How many maternity units are within your health board and of these how many have a perinatal mental health unit?
6. How much money has been allocated to perinatal mental health services within your health board area in the past 3 years?
7. What is the number of clinical and medical experts in perinatal health in your health board area, what are these positions and how many hours do they work a week?
8. How many mothers and babies have been sent from within your health board area to the mother and baby unit in either a) St John's Hospital, Livingstone or b) Leverndale, Glasgow since January 2013?
9. How many mothers who reside in your health board area have, since January 2013 received a) mental health treatment outside of your health board area and b) have been separated from their babies as a result of mental health treatment?
10. What are the maternal mental health targets for your area and have they been met since January 2013?

Response

1&2 Please find below data we hold as per your request:

Calendar Year	Number of Discharges	Number of Women	F32 Depressive Episode, Unspecified	F531 Postpartum Psychosis
2013	20	12	0	0
2014	6	5	0	0
2015	6	5	<5	0
2016	19	10	0	0
2017 to date	<5	<5	0	0
Total	53	32	<5	0
Percentage of these women diagnosed with above			0.03125	0
Notes: Diagnosis code 0993 used to extract the data in any diagnostic position. Source: SMR2				

3. NHS Borders commissions perinatal inpatient services from NHS Lothian therefore under Section 17 of the FOI(S)A 2002 we do not hold this data,
4. As above, therefore under Section 17 of the FOI(S)A 2002 we do not hold this data,
5. There is one maternity unit within NHS Borders, there is no perinatal mental health unit.
6. Please find details of the cost of commissioned perinatal services for the last 3 years:
 - 2013-14 Commissioned Perinatal services from NHS Lothian £15,878
 - 2014-15 Commissioned Perinatal services from NHS Lothian £25,025
 - 2015-16 Commissioned Perinatal services from NHS Lothian £14,232
7. We have one Infant Mental Health Nurse who work 22.5hrs per week with our Early Years Assessment Team.
8. a - <5 patients
b - <5 patients
9. Please find below data on patients who have received mental health treatment outside of our health board area, we do not hold data on those who have been separated from their babies as a result:

Borders Patients discharged with a diagnosis of F53:

Calendar Year	St John's Hospital Discharges	
2013		<5
2014		<5
2015		0
2016		0
2017 to date		0
Total		<5

Source: SMR4

10. NHS Borders do not hold this data therefore under Section 17 of the FOI(S)A 2002 we cannot provide.

As the number of patients are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **135-17** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.

