

LASS – Supporting your Lifestyle Change

Signposting Permission forms for website

Area:-	Eildon	Town:-	Galashiels
Activity:-	social	Name of activity:-	New Age Kurling
Venue:-	Langlee Community Centre	Day/Time:-	Mornings
Contact information:-	Ian Stewart 07721187780 / Ian.Stewart@scotborders.gov.uk		
Cost:-	£1.50 includes refreshments	Gender:-	Mixed

Additional Information to be included



Curling without the ice adapted to be played indoors

Langlee Community Centre
Every Tuesday 2pm – 3pm

£1.50
includes
refreshments

No need to book. Just come along. Suitable for all abilities. Enjoyed by all ages. Played seated or standing

Come and join us for a chat and a cuppa; stay active, have fun, relax

For further information call Ian 07721187780



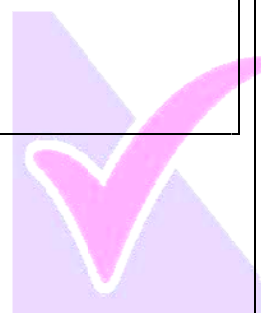
New Age Kurling Every Tuesday 2pm –3pm.

**Langlee Community Centre,
Galashiels.**

Come and join us for a chat and a cuppa; stay active, have fun, relax.

All welcome

**only –
id page**



All information is to be signed as approved before inclusion on the LASS website for copyright purposes			
Name of event organiser:-	Ian Stewart	Signed:-	
Organisation:-	SBC Capacity Building Team	Date:-	
Lifestyle Adviser:-	<p>Pamela Jaworowska pamela.jaworowska@borders.scot.nhs.uk</p> <p>Maryse Robertson maryse.robertson@borders.scot.nhs.uk</p> <p>Alison Colvin – Admin 01896-824502 Alison.colvin@borders.cot.nhs.uk</p>	Date:-	