

## Freedom of Information Request 253-17

---

### Request

1) Please state the number of individuals with eating disorders referred to your organisation for a first assessment, in each of the following calendar years.

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

2) Please break this number down\*, stating the number of persons referred who were:

- a) aged up to and including 17 (CAMHS)
- b) male
- c) female

\*Nb. Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

3) Please state the number of individuals referred to your specialist eating disorder services, in each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

4) Please break this number down\*, stating the number of persons referred who were:

- a) aged up to and including 17 (CAMHS)
- b) male
- c) female

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

5) In relation to the number of individuals referred for specialist eating disorder services, given in your answer to question 3, please state how many referrals were refused in each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

6) Please break this number down\*, stating the number of refused referrals for individuals who were:

- a) aged up to and including 17 (CAMHS)
- b) male

c) female

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

7) Please state the average waiting time in days from referral to start of treatment for persons with an eating disorder in each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

8) Please break this number down\*, stating the average waiting time (in days) from referral to start of treatment for persons who were

a) aged up to and including 17 (CAMHS)

c) male

d) female

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

9) Please state the longest waiting time in days from referral to start of treatment for individuals with an eating disorder for each of the following calendar years.

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

10) Please state how many persons with an eating disorder waited more than a year from referral to start of treatment. Please provide information for persons who started treatment in each of the following calendar years.

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

11) Please break this number down\* for each of the following categories:

a) aged up to and including 17 (CAMHS)

b) male

c) female

\*Please provide information for this question for each of the following calendar years:

- i) 2013
- ii) 2014
- iii) 2015
- iv) 2016
- v) 2017 to 22/05/17

12) Does your organisation plan to implement the 'first episode and rapid early intervention for eating disorders (FREED)' model, developed by the South London and Maudsley NHS Foundation Trust? If so, by which date is it planned to be implemented? If you have already implemented it, please state this date.

## Response

- 1-11 All data attached below is taken from referrals to the Dietetic service. Referrals to Mental Health Teams do not contain diagnosis information that can be pulled from the system to look at reasons for referral. This would involve looking through patient notes for each of the referrals and diagnosis to determine how many relate to eating disorders. The cost of carrying out this work would exceed the limit set in the Fees Regulations of the FOI(S)A 2002 and we are therefore not required to provide.



FOI 253-17 - eating disorders.pdf

12. NHS Borders do not have any plans to implement the FREED model.

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **253-17** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.