

Freedom of Information request 315-17

Request

Under FOI Scotland Act 2002 please can you confirm:

1. Broken down by year, what is NHS Borders reported spend on supporting breastfeeding? 2011/2012, 2013/2014, 2015/2016.
2. Provide details of what support across the HB area is available to help mothers with breastfeeding, including clinics, peer support (in hospital or out in community) and baby cafe's for 2015/2016, 2014/2013, 2012/2011.
3. Please provide spend on the support and how it's funded - is it by your MINF allocation or by charity partners/other?
4. What, if any, other support is available to breastfeeding mothers?
5. Broken down by year, how many mothers were seen at breastfeeding clinics in 2011/2012, 2013/2014, 2015/2016.
6. Broken down by year how many breastfeeding peer supporters were trained and how many mothers were seen by peer supporters in 2011/2012, 2013/2014, 2015/2016.
7. As part of Improving Maternal and Infant Nutrition: A Framework for Action, what are you doing to implement it - specifically on postnatal breastfeeding support and accredited breastfeeding peer support? What are you doing in neonatal services to recruit staff or train existing staff to deliver specialist breastfeeding advice and support?

Response

1. Please find below the spend on supporting breastfeeding as per request:

2011/12 £10,000
2012/13 £40,000
2013/14 £47,000
2014/15 £34,900
2015/16 £39,500

2. Please find below details of support:

2011/12- 1:1 peer support started in October 2012 - 3 support groups
2013/14 – 1:1 peer support & 7 support groups
2015/16 – 1:1 peer support & 7 support groups & peer support on ward 17. Peer support antenatal contact with BiBS (Breastfeeding in Borders support) at Antenatal classes and antenatal referrals.

3. The support is funded through the Maternal and Infant Nutrition allocation to NHS Borders. Between 2014 and 2016, additional funding was secured from the NHS Borders Endowment funds to establish the BiBs project. Latterly this has been supported with non recurring project funding from the MIN programme, to 2018 only.

4. BIBS programme started in Oct 2012 and developed as above from 1:1 & group support to expand to contact through antenatal classes and Bump 2 Baby events. Antenatal and postnatal support is provided routinely by maternity services including community midwives and by HV teams and the four local Early Years Centres across Borders.
5. Please find below number of mothers seen at breastfeeding clinics:

2011/12 - none
2013/14 - clinic started September 2014, 7 mothers seen
2015/16 - 36 mothers seen

6. Please see data below as per your request:

Peer Support Training:

2011/12 – 7 (starting Oct 2012)
2013/14 – 12
2015/16 – 25

30 peer supporters were trained and active by 2016

In addition, from 2016 we have 4 Breast Buddies who have been through a shorter training programme to provide support in group settings only.

Contact made with Mothers 1:1 by text/phone/face to face:

2011/12 - 19 contacts (Oct –Dec only)
2013/14 - 391 contacts
2015/16 - 408 contacts either 1:1 or on the maternity ward

Group attendance = Number of visits to groups – same family may visit from 1- 26+ visits:

2011/12 - figures not available
2013/14 - 897
2015/16 – 1219

7. Please find listed below data as per request:

- Maternity and Community staff are trained as part of UNICEF BFI and have regular skills updates.
- NHS Borders was fully BFI accredited in January 2014 and re-accredited Dec 2016 (both community and hospital services).
- NNU part of core BFI training and accreditation.
- BFI Lead post coordinates and supports this work in collaboration with the Health Improvement Specialist in Maternal and Infant Nutrition and others in the Health Improvement team
- The NHS Borders BiBS programme (as above) contributes to the objectives of BFI

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **315-17** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.

