

Freedom of Information request 403-17

Request

- a) Could the health board provide the number of hours staff took off work for mental health reasons (e.g. anxiety, stress, depression) in 2012, 2013, 2014, 2015, 2016, and so far in 2017?
- b) Could the health board also provide the total number of hours taken off work for all health reasons in the same time periods?

Response

Please find below the number of hours of sick leave for mental health reasons within NHS Borders:

- 2012 – a) 46,990 hrs b) 225,422 hrs
- 2013 – a) 20,331 hrs b) 104,250 hrs
- 2014 – a) 47,472 hrs b) 184,897 hrs
- 2015 – a) 63,414 hrs b) 247,368 hrs
- 2016 – a) 62,520 hrs b) 244,623 hrs
- 2017 to date – a) 41,419 hrs b) 169,182 hrs

Note that in 2013 there was a changeover of recording systems and some data is missing.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **403-17** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.