

Freedom of Information request 435-17

Request & Response

Please send me:

- A list of your in-patient mental health wards, including name of ward and address, and the area, such as CAMHS, Eating Disorders, Mother and Baby, Older adults, Acute

Ward	Location	Area
Huntlyburn	Borders General Hospital	Adult Acute
East Brig	Galashiels	Rehabilitation
Cauldshiels	Borders General Hospital	Dementia Assessment
Lindean	Borders General Hospital	Functional Older Adults
Melburn Lodge	Borders General Hospital	Dementia Assessment

- Details of complementary therapies that are delivered to service users in your mental health hospitals/units.

NHS Borders delivers Tai Chi, Qi Gong and Aromatherapy within Mental Health wards.

- Which departments receive complementary therapy, such as AWA/CAMHS/Older adults?

Adults and Older Adults receive complementary therapies.

- A list of complementary therapies that you offer, such as reflexology, massage, aromatherapy, acupuncture, yoga

As above

- Do you employ complementary therapists?

Yes

- Who delivers complementary therapy in your hospitals, i.e (nursing staff/occupational therapist/complementary therapists)?

Complementary therapy within NHS Borders is delivered by an aromatherapist in addition to nursing staff and Allied Health Professionals.

- Finally, how are complementary therapies funded in your hospitals? And at what cost?

The aromatherapist is funded by Mental Health at a cost of £5,774 per annum. Other therapies are delivered as part of the AHP/nursing staff roles.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **435-17** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.