

Freedom of Information request 4-18

Request

I am seeking information pursuant to the Freedom of Information Act with regards to NHS Borders Clinical Guidelines with respect to the Roux en-Y gastric bypass procedure.

In particular I am seeking NHS Borders policy on the requirements of progressing to surgery, specifically with regards to pre-operative weight reduction.

My question is:

If a person has a BMI high enough to warrant a gastric bypass; and If the person suffers from comorbidities, specifically type 2 diabetes and sleep apnoea; and serious disability prevents the person from obtaining a 5% weight loss (or weight loss target required by NHS Borders);

Would NHS Borders proceed with said surgery?

Response

NHS Borders would not proceed with this surgery (Roux-en-Y gastric bypass) if the patient had not lost the minimum target of 5-10% body weight loss. This is in accordance with NHS Borders Specialist Weight Management Surgery Referral Criteria.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **4-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.