

Planning & Performance

NHS Borders
Education Centre
Borders General Hospital
Melrose
Roxburghshire
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## Freedom of Information request 96-18

## Request

I'm a freelance journalist writing a story about the cost and origin of hospital meals. Per the Freedom of Information (Scotland) Act 2002, would NHS Borders please provide responses to the following questions:

- 1. How much does an individual patient's main meal cost?
- 2. How much is spent daily on food and drink for an individual patient?
- 3. How many meals a day does NHS Borders serve an individual patient?
- 4. What proportion of the food is sourced from abroad?
- 5. For those ingredients sourced from abroad, where are each of this specifically sourced from?

## Response

- 1. NHS Borders spend on ingredients would average out at £1.24 per patient per meal (as at end December 2017). This does not include the cost of preparing, cooking and distributing meals.
- 2. NHS Borders average spend on ingredients for patient meals per day was £3.72 for financial year to end of December 2017. Again, this does not include the cost of preparing, cooking and distributing meals.
- 3. Three meals are served a day to each in-patient: Breakfast, Lunch & Supper.
- 4&5 Please find attached document that details which food is sourced abroad:



If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or <a href="mailto:foi.enquiries@borders.scot.nhs.uk">foi.enquiries@borders.scot.nhs.uk</a>.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **96-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.