

Freedom of Information request 152-18

Request

Please supply the following information:

1. The Board's provision for the assessment, diagnosis and treatment of ARFID.
2. The number of patients (and subdivided by child and adult) diagnosed and treated for ARFID over the last 5 years.

Response

1. People with an eating disorder meeting the criteria for tier 3 services will all receive multidisciplinary assessment, formulation and care planning as appropriate. Please note that ARFID is usually seen as one aspect of other mental health conditions being experienced by the patient, rather than being treated or diagnosed separately. A newly appointed Clinical Psychologist has recently started working with the local Psychiatrist with a special interest in Eating Disorders to further develop the service and scope out the current and future demand.
2. ARFID is not coded separately within ICD-10 and would instead be grouped under the classification "Eating Disorder Not Otherwise Specified". We therefore do not record this data electronically. This data may held in patients' notes but to extract this data would require a manual trawl of patient records and the cost of carrying out this work would exceed the limit set in the Fees Regulations of the FOI(S)A 2002 and therefore under Section 12 we are not required to provide this information.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **152-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.