

## Freedom of Information request 159-18

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### Request

Under Freedom of Information I would like to know who many children, aged under 18 have been referred to weight management services in your health board in the past five years.

I would please like a breakdown of the figures year by year and also in age brackets (e.g. 0-3, 4-8,9-12). I would also please like to know the youngest age of a child referred to the service.

Please can you also let me know what weight management services you offer children in your health board and if any of these services are new (e.g. introduced in the last 12 months).

### Response

NHS Borders do not hold information on how many children are seen by the dietetic department specifically for weight management. The dietetic department accepts referrals for all ages of children who may have weight management difficulties. We offer 1:1 dietetic intervention and Fit4Fun which is a whole school approach to healthy eating and activity. Therefore under Section 17 of the FOI(S)A 2002 we do not hold this information.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **159-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.