

Freedom of Information request 269-18

Request

1. Since the introduction of the current waiting time targets, have patients who waited for treatment through child and adolescent mental health services and psychological therapies services been assessed at their first appointment, rather than treated, and does your health board record this as having completed their wait?
2. Please provide a copy of any guidance issued to your health board on what constitutes a completed wait for CAMHS and psychological therapies.
3. Please provide a copy of any documents that discuss how to reduce waits for CAMHS and psychological therapies.

Response

1. The majority of patients are deemed to commence treatment on their first appointment as information and certain interventions can be initiated at the first appointment. This is not always the case and decisions will be made on an individual and person centred basis. The health board will record a completed wait when treatment has been identified as started.
2. Please find attached a copy of a letter from SGD:



SGD Delivering
Waiting Times.pdf

3. Please find attached below documentation which discuss how NHS Borders plan to reduce waits for CAMHS and Psychological Therapies:



DRAFT_MHAIST_ann
ualreport_NHSBorder



Psych_Therapies_Pr
oj_Group_Action_Tra



Psych_Therapies_Pe
rform_Rept.pdf

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **269-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for

correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.