

Freedom of Information request 286-18

Request

1. Any current policies or guidelines relating to the medical and nursing management of patients with eating disorders. This should include documents relating to the care of outpatients and inpatients on medical wards, psychiatric wards and also your paediatric ward.
2. Any protocols regarding the weighing of patients with eating disorders.

Response

1. For management of patients with eating disorders NHS Borders currently follow the MARSIPAN guidance which is available online at the following link: <https://www.rcpsych.ac.uk/files/pdfversion/CR189.pdf> Therefore under Section 25 of the FOI(S)A 2002 this information is otherwise accessible from this website.

Please find below NHS Borders documentation relating to eating disorders:



Eating_Disorder_YP_
Guideline_version_1.1



Eating_Disorder_Nur
sing_Plan_Wd15.pdf

2. NHS Borders do not hold any specific protocols regarding the weighing of patients with eating disorders. Therefore under Section 17 of the FOI(S)A 2002 we do not hold this data.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **286-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.