

## Freedom of Information request 292-18

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### Request

I am making a request under Freedom of information legislation about mental health. Specifically I would like the following information:

1. How often have physical restraints been used in health facilities in each of the past four years. I would like this information in the following format

NAME OF FACILITY YEAR 1 YEAR 2 YEAR 3 YEAR 4

Eg Central Hospital 10 5 9 14

2. How often were police called to respond to an incident that involved the use of physical restraint in each of the past four years. I would like this information in the following format

NAME OF FACILITY YEAR 1 YEAR 2 YEAR 3 YEAR 4

Eg Central Hospital 10 5 9 14

3. Number of people in locked/secure wards in each of the past four years. Please provide a numerical figure of the number of individuals in beds in wards or facilities that are secured. I would like this information in the following format

4. Please provide the average length of time that individuals spent in secure/locked wards or facilities in each of the past four years.

NAME OF FACILITY YEAR 1 YEAR 2 YEAR 3 YEAR 4

Eg Central Hospital 10 5 9 14

5. Please provide the longest length of time an individual has spent in a locked ward in each health facility in the area. Please provide this information in the following format

NAME OF FACILITY YEAR 1 YEAR 2 YEAR 3 YEAR 4

Eg Central Hospital 10 5 9 14

Also, please provide any context for this case – the reason for admission, the reason for the length of stay – but without breaching data protection.

6. Please provide the total number of mental health nurses employed by the health board in each of the past five years.

NAME OF FACILITY YEAR 1 YEAR 2 YEAR 3 YEAR 4

Eg Central Hospital 10 5 9 14

### Response

1. Please find below the number of unplanned restraints reported as adverse events:

Facility	2014/15	2015/16	2016/17	2017/18
Cauldshiels	<5	6	<5	10
East Brig	<5	<5	<5	0
Huntlyburn	12	11	5	5
Lindean	0	<5	8	<5
Melburn Lodge	<5	<5	0	<5

2. Please find below the number unplanned restraints with police involvement:

Facility	2014/15	2015/16	2016/17	2017/18
Cauldshiels	0	0	0	0
East Brig	<5	<5	0	0
Huntlyburn	<5	0	0	0
Lindean	0	0	0	0
Melburn Lodge	0	0	0	0

3. NHS Borders does not have a locked facility.

4. Not applicable.

5. Not applicable.

6. Please find below the WTE of Mental Health nursing staff employed by NHS Borders:

	2013/14	2014/15	2015/16	2016/17	2017/18
Borders Learning Disability Services	11.7	11.3	11.0	10.6	10.8
East/West Brig	34.2	32.8	32.0	31.0	31.6
Andrew Lang Unit	7.8	7.5	7.3	7.1	7.2
Cauldshiels & Lindean	47.8	45.9	44.8	43.4	44.3
Mental Health East Team	5.9	5.6	5.5	5.3	5.4
Mental Health Training & Development	1.0	0.9	0.9	0.9	0.9
Firholm Day Unit	1.0	0.9	0.9	0.9	0.9
Gala Day Unit	4.9	4.7	4.6	4.4	4.5
Gala Resource Centre	1.0	0.9	0.9	0.9	0.9
Galavale	12.7	12.2	11.9	11.5	11.7
Huntlyburn House	2.0	1.9	1.8	1.8	1.8
Huntlyburn Mental Health Unit	36.1	34.7	33.9	32.7	33.4
Melburn Lodge	42.9	41.3	40.3	38.9	39.7
Mental Health Crisis Team	8.8	8.4	8.2	8.0	8.1
Mental Health South Team	4.9	4.7	4.6	4.4	4.5
Mental Health Older Adults	15.6	15.0	14.6	14.2	14.5
West Port Day Unit	4.9	4.7	4.6	4.4	4.5
Mental Health West Team	5.9	5.6	5.5	5.3	5.4

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **292-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.