

Freedom of Information request 381-18

Request

The number of people treated for post-natal depression over the past five years. Please could you break this down by year, and if possible by mother or father.

The number of people treated for post-traumatic stress disorder (ptsd) following the birth of their child over the past five years. Please could you break this down by year, and if possible by mother or father.

Although I have asked for the information to be given over a five year period, if this is not possible it would be acceptable to receive this for three years.

Response

Please find below the number of people recorded as having had secondary care treatment for post-natal depression and post-traumatic stress disorder in the NHS Borders area. Please note post-natal depression is also diagnosed and treated within primary care therefore to obtain further data you would have to contact GP practices as we do not hold this data :

Post Traumatic Stress Disorder

Year	F	M	Total
2013	0	0	0
2014	0	0	0
2015	0	0	0
2016	0	0	0
2017	0	0	0
Grand Total	0	0	0

Post Natal Depression

Year	F	M	Total
2013	5	0	5
2014	<5	0	<5
2015	0	0	
2016	0	0	
2017	<5	0	<5
Grand Total	10	0	10

Source: ePEX and EMIS

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the

reference number **381-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.