

## Freedom of Information request 383-18

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### Request

Under Freedom of Information legislation please can you provide the information requested below:

Based on your hospital rotas for junior doctors please can you tell me:

1. The maximum number of hours junior doctors are scheduled to work in a day
2. The maximum number of days junior doctors are scheduled to work in a row before having a day off
3. The maximum number of hours a junior doctor is scheduled to work between a day off and their next day off
4. The maximum number of hours a junior doctor is scheduled to work in a seven day week
5. How many rotas ask junior doctors to work seven night shifts in a row?
6. How many rotas ask junior doctors to work more than seven days in a row? How many staff this affects?
7. Please also provide the findings of the latest junior doctors' hours monitoring exercise (the exercise which is carried out to meet the requirements of new deal).

### Response

1. The maximum number of hours a junior doctor can be scheduled to work in a day is 13 hours.
2. The maximum number of days a junior doctor can be scheduled to work in row before a day off is 7days.
3. The maximum number of hours a junior doctor can be scheduled to work between a day off and their next day off is 68 hours.
4. The maximum number of hours a junior doctor can be scheduled to work in a seven day week is 58 hours.
5. NHS Borders do not have rotas that require junior doctors to work seven night shifts in a row.
6. NHS Borders do not have rotas that require a junior doctor to work more than seven days in a row.
7. Monitoring undertaken is usually for a representative two week period for each rota on a bi-annual basis; in accordance with NHS Circular HDL (2000) 17 Junior Doctors' Contract Implementation Guidance, which is available at [http://www.show.scot.nhs.uk/sehd/mels/HDL2000\\_17.pdf](http://www.show.scot.nhs.uk/sehd/mels/HDL2000_17.pdf) .

The findings of the most recent monitoring exercise are that all rotas are compliant with Working Time Regulations as applicable at 1 August 2009 and New Deal rules.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **383-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.