

## Freedom of Information request 398-18

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### Request

The questions below relate to myofascial trigger point injections delivered as a treatment for chronic pain in chronic pain and/or pain management services within your NHS Trust.

1. Number of adult patients who have received myofascial trigger point injections for chronic pain in the period 1st August 2017 to 31st July 2018
2. For patients who have received this treatment in the above period, what is the longest duration (in months) that any patient has received this treatment for, the period starting from the first such treatment and ending at the most recent treatment in the specified period.
3. During the above period, how many patients receiving this treatment have suffered a serious complication as a direct result of this treatment that required hospital admission? An exhaustive search is not required, merely an indicative number based on experience of healthcare practitioners is sufficient e.g. none, 1-5, 6-10, 10-20, 20-50, more than 50
4. The number of healthcare practitioners within the pain management and chronic pain services (doctors or nurses) that delivered this treatment during the period specified.
5. The locations this treatment was delivered in. Examples might include primary care centre, out-patient clinic, day surgery unit. If delivered at multiple locations please include all such sites.

### Response

1. During the period 1 August 2017 to 31 July 2018 8 adult patients received myofascial trigger point injections for chronic pain within NHS Borders.
2. The longest period was 1 month.
3. No patient has suffered a serious complication as a result of this treatment.
4. During this period 2 healthcare practitioners delivered this treatment.
5. These treatments were carried out within the Day Procedure Unit, Physiotherapy Rehabilitation Unit and Outpatient Unit.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **398-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for

correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.