

Planning & Performance

NHS Borders
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Freedom of Information request 419-18

Request & Response

My request is as follows:

Q 1 - For each of the years 2013/14, 2014/15, 2015/16, 2016/17, 2017/18 how many referrals to Child and Adolescent Mental Health Service (CAMHS) were made through:

Referral Source	2013/14	2014/15	2015/16	2016/17	2017/18
A&E	<5	<5	5	5	6
GP	381	401	450	509	622
Paediatric Service	166	176	165	138	105
School	158	145	163	143	104
Parent/carer/self	22	16	8	8	<5
Other	167	176	115	139	219

Q2 - Out of hours services:

i) Do you currently provide out-of-hours CAMHS services?

Yes, however cover is provided by the general adult Crisis Team, there is no speciality CAMHS Out of Hours service.

Only if the answer is yes, please respond to the following:

ii) What times is it available at?

From 5pm to 7:45am

iii) Does it include the capacity to conduct a Mental Health Act assessment?

Yes, if required.

iv) How is it provided?

a) A&E and c) Face-to-face consultation with specialist

Q3 - a) Please identify the broad categories you use to record reasons for the refusal of CAMHS treatment

The following categories are available to use on the patient management system to record the reasons for refusal of CAMHS referral:

- Insufficient information
- Unsuitable
- Service Unavailable
- Consent issue
- Patient refused service
- Other

b) Can you give a percentage breakdown by the above broad reasons for the refusal of CAMHS for each of the financial years:

NHS Borders only hold rejected referral data broken down by reason for the month of February 2018, as this was recorded as part of pilot work into CAMHS in conjunction with the Scottish Government, ISD and SAMH. Therefore of the 48 referrals to CAMHS 16 of these were rejected as unsuitable, this equates to 33.3% of the overall referrals for the month of February.

Please note no further data broken down by reason is held on our electronic systems, this data may be held in a patient's notes but this would require a manual trawl of all notes and the cost of carrying this out would exceed the limit set in the Fees Regulations of the FOI(S)A 2002 and therefore we are not required to provide.

Under Section 15 of the FOI(S)A 2002 Duty to provide advice and assistance we have attached a copy of a recent publication on Rejected Referrals CAMHS, this details further information which you may find helpful:



As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the ISD Statistical Disclosure Control Protocol.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enguiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **419-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.