

# LIVING WITH AND CARING FOR DEMENTIA EVENT

**Are you living with dementia, or caring for someone who is?**

This event is a chance for you to get advice and information, as well as speak to various organisations that provide support and care to those with dementia.

date: **Wednesday 14 November 2018**

place: **Selkirk Rugby Club,  
Ettrickhaugh Road, TD7 5AX**

time: **1 to 4pm**

Places are limited, please **RSVP** by **31 October**  
to **Borders@AlzScot.org** or phone **Social Work** on **01835 825080**

We have limited transport to and from the event -  
please advise if required at time of booking.

The event is being held jointly with  
Alzheimer Scotland, NHS Borders,  
Scottish Borders Council and  
Borders Care Voice.

