

Freedom of Information request 448-18

Request

Under the Freedom of Information Scotland Act can you please provide the following information about the Pulmonary Rehabilitation programmes provided by NHS Borders.

By 'programme' we mean the structured programme of exercise and education provided for people with long-term respiratory conditions like COPD.

1. For which health conditions are your Pulmonary Rehabilitation available?
2. For patients with COPD, which MRC level triggers a referral to Pulmonary Rehab within your referral pathway?
3. What is the weekly capacity of your Pulmonary Rehab programmes (ie how many individuals can attend your programmes each week)? If this information is not available on a weekly basis, please provide monthly or annual figures.
4. Where are referrals received from?
5. Do your Pulmonary Rehab programmes include input from a specialist psychologist?

Response

1. NHS Borders currently has no Pulmonary Rehabilitation programme in place but are about to recruit to get this started; as in national picture this will be a programme focussing primarily on those with COPD but those with IPF, Asthma and Bronchiectasis (e.g.) will also be considered.
2. MRC level 3, but also those considered functionally limited.
3. Anticipated 40 per week, but venues and staffing to be finalised.
4. Referrals will be received through Respiratory Services – nursing and medical, GPs, Practice Nurses, Physios.
5. Planned but not yet confirmed.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **448-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.

