NHS Borders Education Centre Borders General Hospital Melrose Roxburghshire TD6 9BD 01896 825545 foi.enquiries@borders.scot.nhs.uk



## Freedom of Information request 590-18

## Request

Regarding chronic pain services; number of (a) part- and (b) full-time staff employed by NHS Borders at the (i) self-management, (ii) community and primary care service, (iii) secondary care-based specialist pain management service and (iv) highly specialist level.

## Response

NHS Borders Chronic Pain Service consists of 4 part time staff;

Nurse Specialist 30 hrs Highly Specialised Physiotherapist 18.75 hours Specialist Occupational Therapist 15 hours Clinical Psychologist 16 hours

Community care – is via third sector Pain Association Scotland – funding runs out in 2021 – I facilitator – 2 groups per month.

There is no primary care provision for chronic pain management.

Secondary care is provided in house by the Multidisciplinary Team through pain self management programmes of 10 weeks in duration.

Highly specialist level care is provided in Glasgow/Newcastle depending on what intervention is required.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or <u>foi.enquiries@borders.scot.nhs.uk</u>.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **590-18** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.