

## Freedom of Information request 35-19

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### Request

Relevant Date: 11/08/2015  
Request for Information – Freedom of Information (Scotland) Act 2002

We refer to the above and request the following information as at the Relevant Date:-

1. Details of, and documents relating to, risk assessments carried out in relation to nurses carrying out personal care on an aggressive patient whilst in bed.
2. Details of, and documents relating to, training provided to nurses carrying out personal care on an aggressive patient whilst in bed.
3. Details of, and documents relating to, risk assessments carried out in relation to nurses restraining an aggressive patient whilst in bed.
4. Details of, and documents relating to, training provided to nurses in relation to nurses restraining an aggressive patient whilst in bed.

### Response

1. Please find attached copies of the following documents in relation to risk assessment, there are numerous other risk assessments, flow charts etc all dependant on patient diagnosis etc

- Prevention and Management of Aggression and Violence Policy



PMAV Inc Pers Safe  
Lone Work Driving Po

- Borders Risk Assessment Tool



Borders\_Risk\_Assessment\_Tool\_APP3.pdf

- Two Minute Risk Assessment



Two\_Min\_Risk\_Assessment.pdf

- PMAV Training Matrix



PMAV Training Matrix  
2016-2017.pdf

2. Training is provided at different levels, the Service Manager would decide which level of training their staff received. Please find attached the course training descriptors for each level of training:



TR-PMAV L2C course  
descriptor 2016-2017



TR-PMAV L3C course  
descriptor 2016-2017



TR-PMAV L3R course  
descriptor 2016-2017



TR-PMAV L4C course  
descriptor 2016-2017



TR-PMAV L4R course  
descriptor 2016-2017

3. Patient care plans detail levels of care in relation to presentation, ability, cognitively and physically on how to safely manage the care of patients. Please find attached below a copy of template care plans:



Adult Inpatient  
Assessment Booklet -



Adult Unitary Patient  
Record - Assessment



Adult Unitary Patient  
Record - MH Assessm

4. Information on training provided to nurses in relation to restraining an aggressive patient whilst in bed is already provided in the documentation above. Although emergency or planned restraint in a bed, would be dependent on many different factors and risks and the immediate presentation of the patient which could escalate or de-escalate at any time, dynamic risk assessment is used during this process. Attached is an example of PMAV Power Point, with ultimately the avoidance of physical intervention being the goal.



PMAV Power-point  
Tutor Use - April 2015

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **35-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.