

## Freedom of Information request 67-19

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### Request

I would like to know:

1. The numbers of Overnight Oximetry Tests (OPSC code E91.3) that your Trust has carried out annually from 2008-present and
2. The waiting times associated with this test, (for example the average wait for this test on the 31st of March each year) annually over the same period.
3. I would also like to know how many people in your Trust have had been annually diagnosed with the following sleep disorders (ICD-10 code in brackets) from the year 2000- present. If this information is available by hospital visits could I please have:
  - The yearly breakdown of total numbers of visits with a diagnosis for each of the sleep disorders listed below and also
  - The numbers of first visits/first attendance for each of of the sleep disorders listed below
    - Nonorganic insomnia (F51.)
    - Nonorganic hypersolemnance (F51.1)
    - Nonorganic orders of the sleep wake system (F1.2)
    - Sleepwalking (F51.3)
    - Sleep Terrors (F51.4)
    - Nightmares (F51.5)
    - Other nonorganic sleep disorders (F51.8)
    - Nonorganic sleep disorder non specified(F51.9)
    - Insomnia (G47.1)
    - Hypersomnia (G47.2)
    - Disorders of the Sleep Wake System (G47.2)
    - Sleep Apnea (G47.3)
    - Narcolespy and cataplexy (G47.4)
    - Other Sleep Disorders (G47.8)
    - Sleep Disorders Unspecified (G47.9)

### Response

NHS Borders do not carry out sleep tests. We refer patients to NHS Lothian for this type of treatment and as such they would hold this data therefore under Section 25 of the FOI(S)A 2002 this information is accessible elsewhere.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the

reference number **67-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.