

Freedom of Information request 93-19

Request

1. We would like to request the following information about the facilities and capacity to deal with internet gaming/video game addiction:
 - a) Types of services offered for problem gaming/video game addiction;
 - b) Number and job title of qualified mental health professionals within each service who offer treatment for internet gaming disorder;
 - c) Number of behavioural addiction specialists within the Trust;
 - d) Number of child and adolescent specialists who offer treatment for this disorder;
 - e) Lowest age limit for referral to service.
2. If you currently do not offer specific services for problem gaming/video game addiction, do you plan to in the future?
3. We would also like to gather specific referral data for any individuals that had been referred for treatment of problem gaming for the calendar years 2014, 2015, 2016, 2017, 2018 and 2019 (year to date), including the following information:
 - a) Number of referrals where problem gaming was the primary reason for referral;
 - b) Age of referrals;
 - c) Gender of referrals;
 - d) Type of treatment and/or talking therapies offered;
 - e) The estimated time spent on a waiting list prior to initial contact;
 - f) How many attended first appointment;
 - g) How many never attended;
 - h)** How many completed treatment;

Response

Please note "Internet Gaming Disorder" is not currently recognised in ICD10 as a specifically diagnosed condition. NHS Borders would treat patients with any recognisable mental health condition in relation to this issue via our normal Adult Mental Health, Child & Adolescent Mental Health or Psychology services.

Therefore under Section 17 of the FOI(S)A 2002 this data is not held.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **93-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both

the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.