

## Freedom of Information request 127-19

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### Request

Please you please answer the following:

1. Does your organization presently promote/or endorse a (RPM) remote patient monitoring system to capture vital signs or other health related measurements post discharge from hospital and whilst a patient is residing in their own home or being cared for in a non-acute environment such as community hospital/hospice/residential or care home - (Measurement examples being blood pressure/weight/temperature/Oxygen Saturation/EWS/ pulse/glucose etc.)?
  - 1.1. If the answer is NO –
    - 1.1.1. Within the next 2 years, is telemedicine/ RPM, something that the Trust would consider as a way of either reducing hospital admissions, promoting an earlier discharge and/or recognizing and acting upon patient deterioration sooner?
    - 1.1.2. If the Trust is not considering RPM for suitable patients (able to take their own readings or have a relative who can do this for them) – is there a reason why this is not being considered either on a per Trust basis or part of an agreement with the CCG?
  - 1.2. If the answer is YES – RPM is presently used for some discharged patients-could you please detail
    - 1.2.2 the system type/name/supplier
    - 1.2.3 When this came into use and when the contract expires
    - 1.2.4 Who funds home monitoring, is this the CCG, the Acute Trust or a combination of both or other organization (e.g. charity/STP)?
    - 1.2.5 How much this cost per patient or per year for multiple patients
    - 1.2.6 What patient data is captured & is there measurements you would like to capture but cannot achieve at the moment?
    - 1.2.7 What systems does this data feed into – e.g.GP systems & supplier
    - 1.2.8 Has there been any analysis of this data to demonstrate that remote patient monitoring from home has:
      - Reduced patient re-admissions into hospital
      - Expedited the discharge process
      - Improved “follow up” care post discharge – reminding patients to take medications/ monitor on-going health measurements etc.
2. Who is the main person(s)/ decision maker (s) – who would probably be responsible for the decision to use remote patient monitoring post discharge? (Name/title/contact details etc.)

## Response

1. NHS Borders does not currently promote or endorse an Remote Patient Monitoring (RPM) system.

1.1.1. & 1.1.2. This is not part of NHS Borders current prioritised project plans, developments such as this would be considered as part of our project prioritisation process. Clinical assessment would also be required in development of a project brief.

2. At this point there is no allocated contact for this piece of work.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **127-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.