

Freedom of Information request 166-19

Request & Response

I am writing to you under the Freedom of Information (Scotland) Act 2002 to request information regarding eating disorders treatment for adults (18+ year olds) provided by your Health Board. Please do not provide data – for any question below - which relates to the treatment of children and young people (Under 18s) or inpatient treatment.

1. Please list the mental health services your Health Board operated during the financial years 2016-2017 and 2017-2018 which provided eating disorder treatment for adults (18+ year olds), with the exception of inpatient treatment.

For example, in some Health Boards the answer could be: 'CMHT; Adult eating disorders service - outpatient team'.

Within NHS Borders eating disorder treatment is provided by the Community Mental Health Teams (CMHT) and Dietetics service.

2. Please complete the table below to show the size of the caseloads at the dates specified for each of the services listed in answer to question 1, which the patients were primarily receiving their eating disorder treatment from. In this case, 'caseload' refers to the number of Adult patients (18+ year olds) requiring eating disorder treatment who had been assessed, were under treatment for their eating disorder from that service and had not yet been discharged (number of patients which each service carried responsibility for) on the dates specified. If you only listed one or two relevant services in answer to question 1, please leave any surplus columns in table below blank.

Please do not provide data which relates to the treatment of children and young people (Under 18s) or Inpatient treatment.

Caseloads (number of 18+ year old patients)				
Name of service:	Community Mental Health Team	Dietetics	[Please enter name of service – see Q1]	[Please enter name of service – see Q1]
At: 31 st March 2017	4	9		
At: 31 st March 2018	3	4 *		

* Due to the change in patient management systems during March 2018 this figure is provisional.

3. During the financial years 2016-2017 and 2017-2018, did your Health Board provide eating disorders treatment for adult (18+ year old) patients who were resident within the geographic area of any other Health Board/s in Scotland? If so please provide information on this below, including the number of such patients (if any) who were included in answer to question 2, and corresponding detail on the geographic areas covered (this would enable us to put any data provided in answer to question 2 into context).

For example: 'The catchment area of the Adult Eating Disorders Outpatient service we provide includes the entire geographic area of XYZ Health Board. Five of the patients on caseload at 31 March 2017 at this service were residents of the geographic area of XYZ Health Board. Six of the patients on caseload at 31 March 2018 at this service were residents of the geographic area of XYZ Health Board'.

No

4. Please complete the tables below, regarding referral to start of treatment waiting times for **outpatient psychological intervention** for an Eating Disorder, for each of the relevant services listed in answer to Question 1 which are provided by your Health Board. For each table, please enter the name of the service at the top. If you only listed one or two relevant services in answer to question 1, please leave any surplus tables below blank.

Please do not provide data which relates to the treatment of children and young people (Under 18s) or Inpatient treatment.

Please count 'start of treatment' as the date of the second appointment at that service.

OUTPATIENT psychological intervention for an Eating Disorder provided to Adult (18+ year old) patients at: East/West CMHT								
Referral to start of treatment waiting times:								
<i>Please measure this as the length of time between the referral being received by the service and the date of the second appointment.</i>								
Year/Wait	< 4 weeks	4-10 weeks	11-17 weeks	18-24 weeks	Over 24 weeks	N/A (Still waiting to begin treatment at the end of tax year)	Mean average waiting time (in weeks)	Median average waiting time (in weeks)
Patients added to the caseload during 2016/2017				<5		<5	29	30
Patients added to the caseload during 2017/2018			<5		<5	<5	25	26

OUTPATIENT psychological intervention for an Eating Disorder provided to Adult (18+ year old) patients at: South Team								
Referral to start of treatment waiting times:								
<i>Please measure this as the length of time between the referral being received by the service and the date of the second appointment.</i>								
Year/Wait	< 4 weeks	4-10 weeks	11-17 weeks	18-24 weeks	Over 24 weeks	N/A (Still waiting to begin treatment at the end of tax year)	Mean average waiting time (in weeks)	Median average waiting time (in weeks)
Patients added to the caseload during 2016/2017					<5	<5	28	31
Patients added to the caseload during 2017/2018				<5	<5	<5	28	29

5. Did your Health Board operate an Adult Eating Disorders Service which provided specialist outpatient treatment during one or both of the tax years 2016-2017 and 2017-2018? If yes, please answer the questions below, if no then there are no further questions.

No

5a. Please state the total workforce (in WTE) working at your Adult Eating Disorders Service - who provided specialist outpatient treatment - as it was on the dates below.

Please include staff in post (including temporary staff) and any bank and agency staff which were working on those dates.

i. 31 March 2017

ii. 31 March 2018

Not applicable.

5b. Please state the number of vacancies (in WTE) at your Adult Eating Disorders Service – for the provision of specialist outpatient treatment - as it was on the dates below:

i. 31 March 2017

ii. 31 March 2018

Not applicable.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **166-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.