

## Freedom of Information request 178-19

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### Request

In accordance with the Freedom of Information Act, I would be grateful if you could comply with the following request.

- 1) Of those adults who started treatment for psychological therapies in 2018-2019, how many waited (i) 12 months, (ii) 13 months, (iii) 14 months, (iv) 15 months, (v) 16 months, (vi) 17 months, (vii) 18 months, (viii) 19 months, (ix) 20 months, (x) 21 months, (xi) 22 months, (xii) 23 months, (xiii) 24 months or more, to start their treatment following a referral.
- 2) What was the longest (number of days) any adult who started treatment for psychological therapies in 2018-2019 waited to begin their treatment following a referral.
- 3) Of those adults currently waiting to start treatment for psychological therapies, how many have been waiting (i) 12 months, (ii) 13 months, (iii) 14 months, (iv) 15 months, (v) 16 months, (vi) 17 months, (vii) 18 months, (viii) 19 months, (ix) 20 months, (x) 21 months, (xi) 22 months, (xii) 23 months, (xiii) 24 months or more, to start their treatment following a referral.
- 4) What is the longest (number of days) any adult currently waiting to start treatment for psychological therapies has been waiting to begin their treatment following a referral.

### Response

This data is available on the ISD website at the following link:

<http://www.isdscotland.org/Health-Topics/Waiting-Times/>

Therefore under Section 25 of the FOI(S)A 2002 this data is accessible elsewhere.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **178-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.

