

Freedom of Information request 183-19

Request

I would like to make a request for the following data under FOISA.

1. What is the current total number of service users in the district covered by the board? (As of April 2019)
2. Can the total number be disaggregated into students and non-students?
3. If it can be disaggregated can the data be supplied for the following:
 - a. How many university students have been referred to secondary mental health services in the last 5 years- including a break down for each year? (Services include Community Mental Health Team, Psychiatry, Psychodynamic Psychotherapy, and Talking Therapies.)
 - b. How many students referred to the aforementioned services were seen within the 18-week waiting period within the last 5 years?
4. How many residents referred to the aforementioned services were seen within the 18-week waiting period within the last 5 years?
5. How many residents have been referred to secondary mental health services in the last 5 years- including a break down for each year? (Services include Community Mental Health Team, Psychiatry, Psychodynamic Psychotherapy, and Talking Therapies.)
6. What is the current average waiting time for access to secondary mental health services?

Response

1. The total population registered within the NHS Borders area as at 1st January 2019 (latest count available) is 118,914.
2. This data is not held by NHS Borders, therefore under Section 17 of the FOI(S)A 2002 this cannot be provided.
3. Not applicable.
4. The data below includes Community Mental Health Teams and Older Adults Teams only. Data for CAMHS, Psychological Therapies and Drugs and Alcohol waits are all available on ISD Scotland's website. Therefore under Section 25 of the FOI(S)A 2002 this data is available on the following link: <https://www.isdscotland.org/A-to-Z-Index/index.asp>

Year	Number within 18 weeks
2013	2493
2014	2528
2015	2608
2016	2807
2017	2872

5. The data below includes Community Mental Health Teams and Older Adults Teams only. Data for CAMHS, Psychological Therapies and Drugs and Alcohol waits are all available on ISD Scotland's website. Therefore under Section 25 of the FOI(S)A 2002 this data is available on the following link: <https://www.isdscotland.org/A-to-Z-Index/index.asp>

Year	Number of Referrals
2013	2553
2014	2756
2015	2863
2016	3043
2017	3210

6. The current average waiting time for access to secondary mental health services is 7 weeks.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **183-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.