

Freedom of Information request 195-19

Request

Please provide data on hospital admittances for incidents of self-harm in your health board, for those under the age of 25 for the following years: 2014, 2015, 2016, 2017, 2018, and 2019.

Where possible, please provide a breakdown (at the same time) by:

- Two age groups – '18 and under' and '19-25';
- Gender;

Please also provide data on hospital admittances for incidents of substance/drug misuse, for those under the age of 25 for the following years: 2014, 2015, 2016, 2017, 2018, and 2019.

Where possible, please provide a breakdown (at the same time) by:

- Two age groups – '18 and under' and '19-25';
- Gender;

If you do not hold this information, please indicate which authority does.

Response

Please find below recorded held data requested above:

Patients Aged Under 25 Discharged with a Diagnosis of Intentional Self Harm Calendar Years 2014 to 2019: by ageband, Gender & Calendar Year

Year	Male			Female			Total		
	Aged 18 and under	Aged 19-25	Total	Aged 18 and under	Aged 19-25	Total	Aged 18 and under	Aged 19-25	Total
2014	13	21	34	34	23	57	47	44	91
2015	21	17	38	57	44	101	78	61	139
2016	9	20	29	56	22	78	65	42	107
2017	7	13	20	36	30	66	43	43	86
2018	<5	14	18	25	15	40	29	29	58
2019	<5	<5	5	<5	<5	5	7	<5	10

Notes:

Intentional Self Harm Diagnosis Codes X60 to X84 used to extract the data in any position.

2019 SMR Data is light at this time includes activity approx for the first two months of the year.

Patients Aged Under 25 Discharged with a Diagnosis of Substance/ Drug Misuse Calendar Years 2014 to 2019: by ageband, Gender & Calendar Year

Year	Male			Female			Total		
	Aged 18 and under	Aged 19-25	Total	Aged 18 and under	Aged 19-25	Total	Aged 18 and under	Aged 19-25	Total
2014	37	48	85	48	29	77	85	77	162
2015	41	31	72	61	52	113	102	83	185
2016	29	34	63	68	25	93	97	59	156
2017	50	29	79	63	36	99	113	65	178
2018	35	29	64	37	25	62	72	54	126
2019	6	6	12	5	<5	8	11	9	20

Notes:

Diagnosis codes used to extract the data in any position:-

Psychoactive Substance Use F10 to F19 & Poisoning by drugs, medicaments and biological substances T36-T50

Alcohol Codes: E52 K70* T506 Y90 Z811
 F10 K780 T510 Y91 Z864
 G312 K860 T519 Z133 Z964
 G621 O354 X45 Z502
 G721 P043 X65 Z637
 I426 Q860 Y15 Z714
 K292 R780 Y573 Z721

2019 SMR Data is light at this time includes activity approx for the first two months of the year.

Source: SMR1

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **195-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.