

Freedom of Information request 218-19

Request

What training is offered to all new parents on infant first aid?

Response

NHS Borders Health Visitors do not routinely provide first aid training to all new parents on infant first aid. However, all parents are issued with general guidance on the recognition and management of childhood illness and provided with information on how to access appropriate advice and intervention. This is contained in the NHS Scotland publication Ready Steady Baby that is issued by the midwife to all pregnant women at booking. The link to the relevant section is included below;

<https://www.nhsinform.scot/ready-steady-baby/early-parenthood/caring-for-your-new-baby/if-your-babys-ill>

As the child gets older further information is provided in the NHS Scotland publication Ready Steady Toddler;

<http://www.readysteadytoddler.org.uk/your-toddlers-health/index.aspx>

Specific first aid training may be provided to parents where there is a direct clinical indication, for example if a child has a known health condition that may require treatment to be initiated in an emergency. This training would be delivered by the Community Children's Nurses under the guidance of the responsible paediatric consultant and NHS Borders Resuscitation Officer as indicated.

Early Years Centres and other parent-led and community groups occasionally arrange bespoke first aid training from the British Red Cross.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **218-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.