

## Freedom of Information request 227-19

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### Request

Can I please request, in the form of a spreadsheet such as Excel or CSV file, information on perinatal mental health units (often referred to as Mother and Baby Units (MBUs)) and community teams in the Borders.

I would like the following information:

1. Perinatal mental health and Mother and Baby Units:
  - a) How many patients (female) been diagnosed with postnatal depression in the past 10 years? Please break this information down by the following years: 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019. I would like the information for each year be split into the following age groups:
    - i. 16-25
    - ii. 26-35
    - iii. 36-45
    - iv. 46-55
    - v. 55+
  - b) How many patients were referred to each Mother and Baby Unit by NHS Borders in 2017 and 2018?
  - c) How many patients self referred to each Mother and Baby Unit in 2017 and 2018?
  - d) Total number of patients who waited less than 24 hours for a place in each MBU after referral in 2017 and 2018
  - e) Total number of patients who waited more than 24 hours but less than 1 week for a place in each MBU after referral in 2017 and 2018
  - f) Total number of patients who waited for 1 week or longer for a place in each MBU after referral in 2017 and 2018
2. A list of all perinatal mental health community teams operating in the Borders. Including:
  - a) Name / location of each perinatal mental health community team
  - b) The number of medical staff and trained specialists in each team (separated by role)
  - c) The number of women referred by NHS Borders to each perinatal mental health community team in 2017 and 2018
  - d) The number of women self referred to each perinatal mental health community team in 2017 and 2018
  - e) If there are no mental health teams - do you have any perinatal mental health specialists? Please provide details on the role.
3. Do you have a perinatal mental health strategy? If yes, please provide details. This does not need to be included in an Excel or CSV format.

### Response

NHS Borders does not have a Mother and Baby Unit therefore patients with a baby under one year old requiring psychiatric admission and meeting criteria are offered admission to the Regional Mother and Baby Unit in St John's hospital, Livingston.

Please find data as requested on the attached spreadsheet:



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Response Spreadsheet

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **227-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.