

Freedom of Information request 233-19

Request

- 1) The number of people who have been referred to specialist sleep clinics within NHS Scotland facilities between April 2009 and April 2019?
- 2) How many of those who have been referred to specialist sleep clinics within NHS Scotland facilities (between April 2009 and April 2019) are prescribed selective serotonin re-uptake inhibitors for mental health conditions?
- 3) What percentage of those who have been referred to NHS Scotland sleep clinics in this time frame are prescribed selective serotonin re-uptake inhibitors?
- 4) How many people were prescribed selective serotonin re-uptake inhibitors in Scotland in 2018 in comparison to 2008?
- 5) How many people were referred for sleep study assessments in Scotland in 2018 in comparison to 2008?

Response

1. NHS Borders refer all patients to specialist sleep clinics in the NHS Lothian area where there is a clinical need. Therefore under Section 25 of the FOI(S)A 2002 this data would be accessible from the Department of Sleep Medicine at NHS Lothian
<https://services.nhslothian.scot/SleepMedicine/Pages/default.aspx>.
2. As above this information would be held by NHS Lothian.
3. This information is not recorded therefore under Section 17 of the FOI(S)A 2002 this data is not held.
4. This information is not held therefore under Section 17 of the FOI(S)A 2002 we are unable to provide.
5. This information is not held therefore under Section 17 of the FOI(S)A 2002 we are unable to provide.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **233-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the

Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle,
Doubledykes Road, St Andrews, Fife.