

Freedom of Information request 337-19

Request and Response

1. Do you specifically commission talking therapies for people following pregnancy/birth? (please delete as appropriate)

| For both parents | For the mother only | For the father or partner only |
|------------------|---------------------|--------------------------------|
| No | No | No |

- 1.1. Are people who have had the following experiences able to access these services? (please delete as appropriate)

| Experience | Both parents | Mother only | Father or partner only |
|--|--------------|-------------|------------------------|
| Miscarriage, ectopic pregnancy and molar pregnancy | No | No | No |
| Termination of Pregnancy for Fetal Anomaly (ToPFA) | No | No | No |
| Stillbirth | No | No | No |
| Neonatal Death | No | No | No |
| Sudden Unexpected Death in Infancy (SUDI) | No | No | No |

2. Do you commission a specialist therapy service for the people who have had the following experiences? (Please delete as appropriate)

| Experience | Both parents | Mother only | Father or partner only |
|--|--------------|-------------|------------------------|
| Miscarriage, ectopic pregnancy and molar pregnancy | No | No | No |
| Termination of Pregnancy for Fetal Anomaly (ToPFA) | No | No | No |
| Stillbirth | No | No | No |
| Neonatal Death | No | No | No |
| Sudden Unexpected Death in Infancy (SUDI) | No | No | No |

3. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area? (Free text)

No - NHS Borders do not have any hospital services but our staff are trained to care for and support women and their families through such circumstances. If it was felt there was a need for specific psychological services as there was a risk to the person's health we can as Midwives and Nurses refer to psychological services. GPs are fully informed of what their patients have experienced be it a

miscarriage or neo natal death and can offer a huge support whilst providing information for suitable support groups. Health Visitors are also available to support women and their families. We signpost women and their families to appropriate support services eg. SANDS and SiMBA.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **337-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.