

## Freedom of Information request 355-19

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### Request

As part of the Freedom of Information process, please provide the following information in electronic format for the last financial year (1st April 2018 and 31st March 2019):

1. How many people are living with Type 1 diabetes in your CCG? (Total number)
2. How many people with Type 1 Diabetes in your CCG use continuous glucose monitoring (CGM) (Total number)
3. Does your CCG have a policy on the funding of CGM? (Yes/No)
4. If your CCG has a policy in place for CGM, please provide a copy of the policy or a link to the policy
5. How is CGM currently funded within your CCG? (e.g. routinely commissioned/ routinely commissioned within the scope of the NICE guidance/Individual Funding Request/Patient self-funded/ Hospital funded/Other (please describe) etc.)
6. Does your CCG specify specific CGM systems? (Yes/No)
7. If your CCG does specify specific CGM system, please provide a list of the CGM systems
8. How many IFR applications were received between 1st April 2018 and 31st March 2019 for CGM? (Total number)
9. How many people with Type 1 Diabetes in your CCG use Flash Glucose Monitoring ? (Total number)
10. Does your CCG have a policy on the use and funding of Flash Glucose Monitoring? (Yes/No)
11. If your CCG has a policy in place for Flash Glucose Monitoring , please provide a copy of the policy or a link to the policy
12. How is Flash Glucose Monitoring currently funded within your CCG? (e.g. routinely commissioned/ routinely commissioned within the scope of the NICE guidance/Individual Funding Request/Patient self-funded/ Hospital funded/ Other (please describe) etc.)

### Response

1. Within NHS Borders there are currently 735 patients living with Type 1 diabetes.
2. There are currently 12 patients with Type 1 diabetes using continuous glucose monitoring (CGM).
3. NHS Borders do not have a local policy, we follow Scottish Government guidelines.
4. Please find a link to SG guidelines: [https://www.sehd.scot.nhs.uk/dl/DL\(2018\)05.pdf](https://www.sehd.scot.nhs.uk/dl/DL(2018)05.pdf)

5. Within NHS Borders 9 patients were assessed and deemed clinically appropriate therefore funding by the Board was approved, 3 patients are self-funded.
6. Yes.
7. The CGM systems used are Medtronic Guardian and Dexcom G6.
8. There were 5 IFR applications received between 1 April 2018 and 31 March 2019.
9. During the period February to May 2019 there were 266 patients prescribed Flash Glucose Monitoring.
10. Yes.
11. Please find below the current policy regarding Flash Glucose Monitoring as per the Borders Joint Formulary:

#### Freestyle Libre Sensors

- Initiated by Diabetes Specialist Team (with prescribing by GPs) to measure glucose levels in interstitial fluid
  - Approved for use in patients with Type 1 diabetes who meet the Scottish Diabetes Group criteria [http://www.healthcareimprovementscotland.org/our\\_work/technologies\\_and\\_medicines/topics\\_asses sed/advice\\_statement\\_009-18.aspx](http://www.healthcareimprovementscotland.org/our_work/technologies_and_medicines/topics_asses sed/advice_statement_009-18.aspx)
  - Approved for use in exceptional circumstances for patients < 65 with type 2 DM
  - Patients are given 6 sensors at a time (3 months supply, with a maximum of 26/year)
12. Flash Glucose Monitoring is funded through the normal prescribing budget for NHS Borders.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or [foi.enquiries@borders.scot.nhs.uk](mailto:foi.enquiries@borders.scot.nhs.uk).

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **355-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.