

Freedom of Information request 393-19

Request

I would like to submit the following request for information, please.

1. In each of the past five years, how many clinical staff took time off work due to stress/mental health issues?
2. In each of the past five years, how many days of absence were taken by clinical staff due to stress/mental health issues?
3. How many clinical staff who are currently absent from work due to stress/mental health issues have been absent for a period of (i) more than three months, (ii) more than six months and (iii) more than one year?

Clarification:
All medical and nursing staff

Response

1 & 2 Please find below data for all medical and nursing staff as requested:

Year	No. of staff	Working Days Lost
2014/15	132	3837
2015/16	161	4048
2016/17	185	5753
2017/18	157	3819
2018/19	224	5761

3. Please find below the number of medical and nursing staff currently absent from work due to stress/mental health issues and have been absent for a period of:

- (i) Between 3 and 6 months - <5
- (ii) Between 6 and 12 months - <5
- (iii) More than 12 months - 0

As the number of events in some areas are very small and in accordance with the Code of Practice for Official Statistics any number that is less than five, actual numbers and potentially identifiable information is withheld to help maintain patient confidentiality due to potential risk of disclosure. Further information is available in the [ISD Statistical Disclosure Control Protocol](#).

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the

reference number **393-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.