

Freedom of Information request 443-19

Request and Response

I would like to make a request for some information relating to bowel preparation for colonoscopy if that is possible. All of the questions refer to colonoscopy procedures performed between 1st January 2018 and 1st January 2019. Please let me know if any of the questions do not appear clear, I am more than happy to further clarify.

1. What is the first line bowel preparation laxative that is offered to patients undergoing colonoscopy?

All patients receive 2 sachets of Moviprep as standard

2. Do you offer any alternative bowel preparation laxatives for patients undergoing colonoscopy?

Can offer Picolax for patients who have had Moviprep and cannot tolerate volume. Also offer a Dialysis regime with Picolax & Bisacodyl.

3. How many patients received each bowel preparation laxative between 1st January 2018- 1st January 2019?

- **Moviprep - 1167 patients**
- **Picolax – 16 patients**
- **Picolax and Bisacodyl – 3 patients**
- **Phosphate enema – 1 patient**
- **No bowel preparation – 4 patients**

4. What were the number of patients receiving each bowel preparation laxative who had inadequate bowel preparation between 1st January 2018- 1st January 2019?

This information is not readily available in our electronic records as it is not a mandatory field and would therefore require a review of patient paper records. The cost of carrying out this work would exceed the limit set in the Fees Regulations of the FOI(S)A 2002 and therefore we are not required to provide.

5. Are patients undergoing colonoscopy advised to take the bowel preparation at a single time or split over two different times?

Split over 2 different times

6. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for a morning colonoscopy appointment?

Day prior at 5pm then again between 8-9pm

7. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for an afternoon colonoscopy appointment?

Day prior at 7pm then again at 6am on day of procedure

8. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for an evening colonoscopy appointment?

Not applicable, there are no evening colonoscopy appointments.

9. Are patient's advised to consume a particular diet prior to their colonoscopy? If so what diet are they advised to consume? How many days are they advised to consume it for?

For one day prior to taking Moviprep, follow a low fibre diet and avoid foods such as fruit, vegetables, brown rice, brown bread and high fibre breakfast cereals. Avoid bread with seeds for 5 days before the test as seeds can bloke the scopes. Do not eat anything after 9am following breakfast for morning lists and after 3pm after light lunch for afternoon lists. Patients can have clear liquids black coffee or tea (without milk), herbal teas, clear fizzy drinks.

10. Do any of your patients attend a specific pre assessment clinic after they are referred for colonoscopy, but before they attend on the day of their endoscopy to receive more detailed endoscopy information? What is the criteria for referral to this pre assessment clinic?

All bowel cancer screening patients attend for pre assessment unless they have had a colonoscopy within the last 12 months.

11. How many patients are seen in this pre assessment clinic between 1st January 2018- 1st January 2019?

422 patients

12. How many colonoscopies did you perform in the last year (1st January 2018- 1st January 2019)

1191 patients

13. During the period of 1st January 2018- 1st January 2019:

- How many patients were documented as having excellent bowel preparation?
- What was the polyp detection rate in patient with excellent bowel preparation?
- How many patients were documented as having good bowel preparation?
- What was the polyp detection rate in patient with good bowel preparation?
- How many patients were documented as having fair bowel preparation?
- What was the polyp detection rate in patient with fair bowel preparation?
- How many patients were documented as having inadequate bowel preparation?
- What was the polyp detection rate in patient with inadequate bowel preparation?

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14. How many patients had a morning appointment during the period of 1st January 2018- 1st January 2019?

682 patients

15. How many patients who had a morning appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?

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16. How many patients had an afternoon appointment during the period of 1st January 2018- 1st January 2019?

509 patients

17. How many patients who had an afternoon appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?

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18. How many patients had an evening appointment during the period of 1st January 2018- 1st January 2019?

None

19. How many patients who had an evening appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?

Not applicable.

20. If a patient has a repeat colonoscopy due to inadequate bowel preparation, do you have a specific bowel preparation regime for those patients? If so what is it?

Offer extended prep with Picolax & Bisacodyl.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **443-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.