

Freedom of Information request 458-19

Request

Could I please request the following information in an Excel format

- 1) How much has your health board spent on mental health provisions since October 1 2014? Could I please have the figures broken down year-by-year (Oct-Oct)?
- 2) How many referrals for mental health issues has your health board received provisions since October 1 2014? Could I please have the figures broken down year-by-year (Oct-Oct)?
 - a) Could you specify how many of these referrals are for people under the age of 18? (Those who qualify under 'Child and Adolescent Mental Health' provisions).
- 3) What is the average spend per patient who has mental health issues provisions since October 1 2014? Could I please have the figures broken down year-by-year (Oct-Oct)?
- 4) How many mental health professionals operate in your area? Can I have a year-by-year breakdown from October 1 2014?

Response

1. Please find below the amount spent on mental health provisions since October 2014:

1.10.14-30.09.15	01.10.15-30.09.16	01.10.16-30.09.17	01.10.17-30.09.18	01.10.18-30.09.19
£13.9m	£14.2m	£14.2m	£14.6m	£15.6m

2. Please find below the total number of mental health referrals and those for people under the age of 18:

Year October – September	Mental Health Referrals (inc. CAMHS)	CAMHS only
2014-15	5423	928
2015-16	6220	917
2016-17	6448	862
2017-18	6809	803
2018-19	6959	832

3. NHS Borders do not hold this information, we do not calculate costs per element of patient activity across the Board's Mental Health Services.

Under Section 25 of the FOI(S)A 2002 the NHS Scotland Costbook is accessible on the NHS National Services Website and provides a number of average costs from our Health Board at speciality level together with comparator costs across all Boards in Scotland.

<https://www.isdscotland.org/Health-Topics/Finance/Costbook/index.asp>

The Cost Book is analysed by:

- 1) Long Stay Care Specialities

<https://www.isdscotland.org/Health-Topics/Finance/Costbook/Speciality-Costs/Long-Stay-Specialties.asp>
which include Geriatric, Child & Adolescent Psychiatry and General Psychiatry.

- 2) Community Health Services

<https://www.isdscotland.org/Health-Topics/Finance/Costbook/index.asp#Community-Health>
which include Community Psychiatric Teams.

4. Please find below the number of mental health professionals (WTE) working within NHS Borders:

Staff Group	Sep 14	Sep 15	Sep 16	Sep 17	Sep 18	Jun 19*
Medical	19.00	23.60	17.65	21.94	24.83	26.16
Nursing	238.86	235.26	225.17	229.62	229.97	227.70
Psychology	18.60	17.50	18.60	18.00	22.25	21.36
Total	276.46	276.36	261.42	269.56	277.05	275.22

*latest available ISD figure for psychology - March 19

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Room 2EC3, Education Centre, Borders General Hospital, Melrose, TD6 9BS or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **458-19** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.